



Singer-Songwriter Competition At Davis Center

The Sidney & Berne Davis Art Center (SBDAC) is hosting a Singer-Songwriter Competition on Friday, August 19. Cocktail hour begins at 6:30 p.m. and performances start at 7:30 p.m.

The competition focuses on original musicians in the singer-songwriter genre. Participants have the opportunity to perform an original song live, win prizes and compete for a spot at Southwest Florida's Island Hopper Songwriter Festival.

To enter, competitors must submit lyrics and a video of themselves performing an original song by Thursday, August 11. There is no fee to enter.

At the competition, selected artists will be invited to perform live in front of a special judges panel and a live audience. Judges will also give feedback on each performance and will determine the grand prize winner.

Tickets are \$10 for those who wish to attend and have a chance to vote for the People's Choice winner. Out-of-state



Dave Fortman

submissions are also encouraged, but airfare and travel accommodations are not provided.

The rockstar judge lineup for this competition will include Dave Fortman, a Grammy-nominated music producer from New Orleans, Louisiana; Darrell Nutt, a session drummer, producer and mix engineer for over 25 years; and Louis Kaplan, senior vice president of programming for iHeartMedia of



Darrell Nutt



Louis Kaplan



The Singer-Songwriter Competition returns to the Sidney & Berne Davis Art Center

photos provided

Southwest Florida since 2006.

Winner of the grand prize will receive a performance spot at the Island Hopper Songwriter Festival in September, three hours of recording studio time utilizing SBDAC's Six Fingers Studios, gift cards from the Kearns Group restaurants and

other downtown businesses, four concert tickets to any SBDAC 2022-23 season event, SBDAC and Island Hopper swag and a trophy. Winner of the People's Choice award will receive gift cards from two downtown restaurants, four concert

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The Allison Duo: Shawn and Abbey Allison
photos provided

Summer Concert Series Continues

As part of its summer/fall concert series, Shell Point Retirement Community is presenting two August concerts in Connie Brown Hall at Tribby Arts Center.

The Baron-Navarro Piano Duo will perform on Thursday, August 11 at 7 p.m. Since 2013, the duo has performed a wide range of music for two pianos and piano four hands with electric energy and melting lyricism.

Award-winning concert pianist Michael Baron tours Europe and South America annually, and performs throughout the United States and Asia. He serves as the Myra and Van Williams distinguished



The Baron-Navarro Duo: Priscila Navarro and Michael Baron

professor of music and head of keyboard studies at Florida Gulf Coast University's Bower School of Music.

Peruvian pianist Priscila Navarro is the first-prize winner of several international competitions, including the Liszt-Garrison International Competition, Imola City Awards and Heida Hermanns International Music Competition. She made her Carnegie Hall solo recital debut in 2013. After studying with Dr. Baron at FCGU, Navarro completed her doctor of musical arts degree at Frost School of Music. Recently, the duo celebrated their Carnegie

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Love That Dress Shopping Fundraiser Nears

Pace Center for Girls, Lee will hold its popular Love That Dress! fundraising event at Embassy Suites by Hilton on Wednesday, August 24 at 6 p.m.

Described as the ultimate feel-good shopping spree of the year, Love That Dress! features shopping, music, silent auctions and cocktails with all proceeds benefiting Pace programs and services.

Admission is \$30 in advance with a limited number of VIP passes available for \$150. VIP shoppers will be allowed early access to the shopping and exclusive access to the VIP Suite Level, which features private dressing areas, express check-out, and complimentary beverages, hors d'oeuvres and desserts.

"For 14 years, this shopping extravaganza has been a favorite event for women all over Southwest Florida to shop, socialize and honor the female spirit," said Jennifer Cellitti, executive director of Pace Center for Girls, Lee. "As a result, proceeds from Love That Dress! have continued to help directly support our strength-based, gender-specific programs and guide Pace girls in achieving their full potential."

In August 2021, the fundraiser featured a record-breaking collection of 9,000 high-quality, brand-new boutique and gently used dresses, shoes, handbags



Love That Dress shoppers look over dresses during a previous event
photo provided

and accessories, helping raise \$65,000 to support Pace Center for Girls in Lee County. Pace Lee also brought 15 Pace girls to join the Love That Dress! fun, providing a special shopping session with opportunities for the girls to dress up, shop and honor the female spirit.

Proceeds from the event provide academic programs and counseling services to girls and young women ages 11 to 18 who are working to overcome risk factors such as poverty, substance abuse, domestic violence, foster home

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Historic Downtown Fort Myers, Then And Now:

Brownies Parade By The Blue Goose



by Gerri Reaves, PhD

In this circa-1962 photo, the Tropic Isles Brownie Troop marches south on Lee Street, ready to turn west at the First Street corner. The troop was following a typical parade route for the early 1960s: taking Lee from Edwards Drive to First, and then turning right to head west.

Decked out in the signature beanie caps, uniforms and white gloves, the troop was probably a fairly new one, since Tropic Isles was a North Fort Myers subdivision developed around 1961.

Numerous parade-goers in the photo are seated on the east side of Lee, some by Thrifty Drug (right) and some near a building at the Bay Street corner that housed a paint and electric store and an

insurance office (left).

Right-center is the prominent neon sign pointing to the entrance of the Blue Goose, one of the town's best remembered and long-running eateries. Business partners Alma Wells and Lula Lindenmuth ran it for years, first in a white frame house at the First and Lee corner.

In 1957, they opened a new restaurant that was located essentially behind the old one, with the neon sign marking the entrance on Lee.

After the move, the Blue Goose still specialized in home-cooking and seafood, but the



In the early 1960s, the Tropic Isles Brownie Troop marches on Lee Street toward First. In the center background, a neon sign marks the entrance to the Blue Goose Restaurant.
photo courtesy Joanne Iwinski-Miller



The Blue Goose no longer exists, but both buildings remain photo by Gerri Reaves

new location added modern décor and air conditioning.

In 1960, big changes came to the restaurant's former corner at First, when Thrifty Drug opened the new two-story building partially seen in the photo.

After six decades, the two commercial structures on the corners remain, although the Blue Goose was sold in 1970 and now is no more. The Thrifty closed in 1966, but in the 1970s, the First National Bank occupied some offices there. It was later redeveloped into First Street Center, and until recently, the Goodwill Boutique was located in the corner storefront.

The building at Lee and Bay is commercial space.

Walk down to First and Lee and imagine a brownie troop sporting white gloves rounding the corner onto First.

Then visit the following two research centers to learn more about the history of the fondly remembered Blue Goose.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org.

Also stop by the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society and *The News-Press*.✱

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Dunbar Math Team Among Best In Nation

Dunbar High School math team finished fifth in the nation at the Mu Alpha Theta National Convention. Dunbar High also won two team awards and had seven students finish in the top 10 of the competition's various categories.

"I am so proud of the Dunbar High Math Team as well as Coach Phil Savage for capturing fifth place in the United States," said Dunbar High Principal Carl Burnside. "As a former math team coach myself, I truly understand the dedication and hard work that is required of both math students – or 'mathletes' as I call them – and math coaches to have such success on the national level. Dunbar High is proud that it is representing not just Lee County but all of Southwest Florida as the premiere math team. We continue to set the standard for excellence in STEM education not just in Lee County but Florida."

In the team competition, Dunbar High's Theta team finished sixth in the nation. Theta level is for students who have completed geometry and/or algebra II but have not been enrolled in



The Dunbar High School math team and coach with their many awards photo provided

a higher-level mathematics course. Team members are Isabel Liu, Thi Phan, Dylan Melillo and Nate Caves. The Alpha team, for students who have completed math courses above algebra II but have not been enrolled in calculus, finished seventh in the nation. Team members are Jaansi Parsa, Advaith Menon, Ben Hamilton, and Andrew Chaung-Saladin.

In two other group competitions, the Dunbar relay team made up of Liu, Menon and Carson Mulvey finished sixth. In the relay competition, each

team member works on their own math problem and earns points for finding the correct answers. Dunbar's hustle team of Jaansi Parsa, Liu, Jakob Musich and Mulvey finished in fifth place. In the hustle competition, there are five rounds of five minutes each and 125 problems to solve.

In the individual topics, the following students placed in the top 10:

Liu – second overall in nation at Theta (algebra 2) level; second in Equations & Inequalities; second in Theta Ciphering;

second in Theta Applications; seventh in 3D Geometry; eighth in Speed Math.

Phan – fifth in Logarithms; fifth in Chalk Talk; fifth in Matrices and Determinants.

Parsa – ninth in Analytic Geometry; 15th in Matrices and Vectors.

Zach Burkett – eighth in Open Codes and Ciphers.

Mulvey – third in Discreet Mathematics Calculus Division; ninth in Comprehensive Math.

Caves – 10th in Chalk Talk.

Esteban Aguinaga – seventh in Poster

Coach Savage – seventh in Sponsors Speed Math

Mu Alpha Theta is the National High School and Two-Year College Mathematics Honor Society. Accredited high schools must offer at least two years of algebra and one year of geometry, or their equivalent, a minimum of one year of more advanced mathematics and have a math teacher whose undergraduate degree is in mathematics. Students can become members after completing the equivalent of two years of college preparatory mathematics, including algebra and/or geometry, and have completed or are enrolled in a third year of college preparatory mathematics. The name Mu Alpha Theta was constructed from the Greek lettering for the phonemes m, a and th.*

Local Company Donates Services

The new Forever Home of Valerie's House, which is under construction on Shoemaker Lane, will have a free roof, thanks to a donation in part by CFS Roofing Services.

CFS Roofing President David Crowther and his wife Karen have stepped up and agreed to provide the underlayment and labor to install the shingle and metal roof for the 7,000-square-foot building. Shingles for the roof will be provided at no cost by GAF & ABC Roofing. The CFS gift is valued at \$15,000.

"Our success provides an opportunity for CFS and its employees to give back to organizations like Valerie's House through money, skills and time," Crowther said.

"We are so thankful that David and CFS Roofing have joined our family of

donors. Valerie's House exists because of the generosity of CFS Roofing and so many others who have made our dream a reality," said Valerie's House Founder and CEO Angela Melvin.

A total of \$2.5 million has been raised toward the \$3 million cost of the new home. Several room sponsorship opportunities for the community are available.

For more information about Valerie's House or to make a donation to the Forever Home Campaign, visit www.valereshouseswfl.org/capital-campaign, call 478-6734, or email angela@valereshouseswfl.org.

Dean's List

Ciara Knoll of Fort Myers has been named to the dean's list for the spring 2022 semester at Central Penn College in Summerdale,

Pennsylvania.

Knoll is currently majoring in criminal justice administration. To qualify for the honor, an undergraduate student must

carry six or more credits and earn a grade-point average of 3.5 or better for the term.*

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Fort Myers Art:

Audio For Public Artwork Now Live



by Tom Hall

A new audio has been added to Otocast, the free mobile app that shares stories about the City of Fort Myers' public artworks.

One of the artworks included on Otocast is

the Cor-Ten steel sculpture known as *Ribbon Routine* (*Ena En La Plaza*) that sits outside the main entrance into the Collaboratory. Located in Ward 4 at 2031 Jackson Street adjacent to the Fort Myers Fire Department's main station, the Collaboratory is one of a dozen art hubs that the city's public art committee has established throughout the city's six wards. The sculpture was relocated to the Collaboratory at the behest of City of Fort Myers Councilman Liston Bochette.

The audio not only talks about the gymnast depicted in this Edgardo Carmona sculpture, but how she is emblematic of the important work being performed by the Collaboratory, which is committed to solving all of this area's major social problems within 18 years – a deadline that has been described as “the greatest community problem-solving



The Cor-Ten steel sculpture known as *Ribbon Routine*
photo courtesy www.artswfl.com

initiative in American history.”

To accomplish this ambitious goal, the Collaboratory is building an infrastructure and assembling partners in the business, philanthropic and governmental communities. While many local leaders in these economic sectors frequently see and interact with public, private and corporate art, others do not. By making the Collaboratory an art hub, all of these influential decision-makers will be exposed to the beauty and benefits of public art.

But the Collaboratory is a prime location for an art hub for at least two

other reasons. First, it is located directly across the street from the Rosa Parks Greyhound Bus Station, a significant focal point in Lee County's transportation network. According to Lee County Spokesman Tom Engstrom, the hub sees an average of 1,100 riders each day. For many of these passengers, glimpsing *Ribbon Routine* as they wait or disembark may very well represent their first or only exposure to public art. For newcomers, the committee also hopes that *Ribbon Routine* will create a favorable first impression, announcing that they've arrived in a town that values art and culture.

Second, the Collaboratory will increasingly find itself positioned as a gateway into the River District for the thousands of new residents expected to occupy the residential neighborhoods and patronize the mixed-used activity centers that will complement the historic district and nearby riverfront. While not intended as a gateway artwork, *Ribbon Routine* has the potential to define this portal-pathway as an entry point into the city's art and cultural hub.

When you listen to the audio on Otocast, you'll hear the new voice of Fort Myers public art, Bill Taylor. A long-standing member of the City of Fort Myers Public Art Committee, Taylor is best known in Southwest Florida as a producer, director, actor and founder of Theatre Conspiracy at the Alliance for the Arts.

If you haven't yet used Otocast, pull out your smartphone and go to your app store right now. When you land there, type in Otocast in the search bar and then hit download. It's free.

The app works with geo-mapping, which means that when you tap on the green Otocast icon, the app will automatically call up the Fort Myers guide.

Tap on the guide and you'll see an aerial map of Fort Myers that displays a number of green pins. Those pins signify the location of most of the public artworks that are interspersed throughout Fort Myers.

Notice the banner that runs along the bottom of your screen. It contains thumbnail photographs of the particular artworks identified by those green pins. Tap on any one of them and it will take

you to written information about the artwork; historic, installation and other photos; and an audio like the one that Taylor just recorded for *Ribbon Routine*.

At present, 29 of the city's 41 outdoor public artworks are included in the Fort Myers Guide. Work is under way to not only add the other 12, but more than 30 historic points of interest located throughout the city.

So be sure to use and share Otocast with everyone you know.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.*

School Board Seeks Members For Committees

The Lee County School Board is seeking members to join its citizens advisory committees. These committees, which meet on a regular basis to provide input, support and advice to the board, include Construction Advisory Committee (CAC); Continuous Systemic Improvement (CSI) Advisory Committee; Curriculum Advisory Committee (CUAC); Equity and Diversity Advisory Committee (EDAC); and Finance Advisory Committee (FAC).

Anyone interested in serving a two-year term with possible reappointment for additional terms can fill out an application online at www.leeschools.net. School board members will choose and approve new members at the September 7 meeting.

In appointing members to the advisory committees, the school board will make every effort to reflect the diversity of the community population whenever possible. In addition, board members will seek to appoint citizens with knowledge and skills that are beneficial to specific committees. All advisory committee meetings are open to the public and will be videotaped and uploaded to the district's YouTube channel. Each committee shall be subject to the Sunshine Law.*



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From page 1

Concert Series

Hall debut and the international release of their CD of French music for two pianos.

The Allison Duo: Saxophone and Piano concert will be held on Thursday, August 18 at 7 p.m. The repertoire ranges from classical transcriptions to jazz to klezmer, to the latest music for saxophone and piano.

Shawn Allison received degrees in saxophone performance and composition from St. Olaf College and Ithaca College and is currently pursuing a PhD in composition from University of Chicago. As a saxophonist, he has performed with The Tanglewood Festival of Contemporary Music, Ensemble X (Ithaca), Maverick Ensemble (Chicago) and University of Chicago New Music

Ensemble. He teaches composition at Florida Gulf Coast University.

Abbey Allison holds a double degree in piano performance and string education from Ithaca College. She has been a professional accompanist/collaborator in the Ithaca, Chicago and Southwest Florida areas, working with both student and professional instrumentalists and vocalists. She is the staff accompanist for the choral program at Florida Gulf Coast University and pianist for both the Symphonic Chorale of Southwest Florida in Fort Myers and Bat Yam Temple of the Islands on Sanibel. The Allisons are co-music directors of the Unitarian Universalist Congregation of Greater Naples.

Tickets are \$40. Call 415-5667 or visit www.tribbyartscenter.com. Shell Point is located at 13921 Shell Point Plaza, two miles from the Sanibel Causeway.*



Students in the Best Buddies chapter at Lehigh Senior High School

photo provided

Lehigh Senior High School Earns National Award

Best Buddies International announced that Lehigh Senior High School was the recipient of Outstanding High School of the Year honors from among nearly 1,400 high school chapters nationwide during the organization's International Leadership Conference in July. Additionally, the chapter at Florida Gulf Coast University received honorable mention from among 515 college chapters.

The students in the Best Buddies chapter at Lehigh Senior High meet twice a month – one meeting is a social event and one meeting is a service project. But the members love giving back so much that all their service projects feel like socials. Their projects have included a campus cleanup as a scavenger hunt with awards for the group that collected the most; baking over 200 cookies to honor teachers and school staff; making dog toys for the animal shelter; and making cards for the military.

Best Buddies matches a general education student with a student who has a disability in a one-to-one friendship. One buddy pair at LSHS took their friendship to another level and joined Unified E-sports together, attending the Special Olympics Summit, all because of their bond made in Best Buddies. Members of the club reached out to other classes and organizations to promote inclusion for people with disabilities and

attended sporting events together in support of the school's athletes. Their goal is to be positive role models to the rest of the school, encouraging others to step up and give back.

"I couldn't be more proud of the officers and members of our Lehigh Senior High School Best Buddies club for the impact they are making. It is very important to them to make purposeful friendships, spread inclusion and impact the community through service projects. I am honored to work with these students and to know they are our future," said Faculty Advisor Michelle Smith.

"Lehigh Senior High has done an exceptional job this year recruiting new members and spreading the Best Buddies mission throughout their campus and community. By representing Southwest Florida at Legislative Day to Ambassador training and dessert and learn, they deserve the prestigious award of Outstanding High School Chapter of the Year," said Program Manager Molly Morrina.

"These national award wins go to show how providing opportunities for both people with and without intellectual and developmental disabilities can have such a tremendous impact on families and the greater community. We are so very proud of both groups of students, their actions and thoughtfulness, along with the leadership of the chapter officers and faculty advisors," said Melanie Musick, Best Buddies area director.

To receive details about getting a Best Buddies chapter started as a specific school, contact Morrina at mollymorrina@bestbuddies.org or 305-332-7769.✱

Discounts For Locals Continue At Shell Museum

Bailey-Matthews National Shell Museum established two new programs in 2022 aimed at giving more Lee County residents a chance to experience the museum and its renowned shell collection, aquariums, touch pools and marine life.

The first initiative, Lee County Sunday Afternoons, grants half-price admission to the museum on Sundays from noon to 5 p.m. for Lee County residents who demonstrate proof of residence such as a driver's license or utility bill.

The second initiative, Community Access Program, is a free access program whereby the museum partners with service and support agencies throughout Lee County to distribute free admission passes to low-income Lee County residents and other populations that are underserved or disadvantaged. Passes are valid for free single-day admission to the museum without expiration date. Participating organizations so far include FISH of SanCap, The Heights Center, Child Care of Southwest Florida, Boys

& Girls Club and Quality Life Center of Southwest Florida.

"Our hope is that by lowering economic barriers for neighbors to enjoy the museum, we will increase access and educational opportunity, and the museum's role as a local and regional community resource," said Sam Ankerson, shell museum executive director. "We hope many locals will take advantage of these new opportunities to visit the museum and its new aquariums for the first time."

Funding for these initiatives is made possible thanks to an anonymous donor.

Bailey-Matthews National Shell Museum is a Natural History Museum, and the only accredited museum in the United States with a primary focus on shells and mollusks. Permanent exhibitions on view include the Great Hall of Shells, which displays highlights of the museum's collection of some 550,000 shells, as well as the Beyond Shells living gallery of aquariums and over 50 species of marine life.

Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. It is open from 10 a.m. to 5 p.m. daily. For more information or tickets, call 395-0900 or visit www.shellmuseum.org.✱



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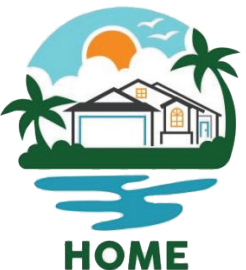
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Birds Of A Feather Helping Families Stay Together

Ronald McDonald House Charities Southwest Florida (RMHC SWFL) received a \$6,500 donation from Ducklings Travel, Inc., a nonprofit closing its doors.

The mission of Ducklings Travel was to assist families with a child who had a debilitating yet non-life-threatening medical condition requiring distant, specialized medical treatment. Ducklings Travel would relieve families of expenses incurred while traveling, including airfare, hotels and food. They were also advocates of RMHC SWFL programs and would let families know about their services when possible.

“After traveling to Denver, Colorado from our Southwest Florida home over a dozen times for my own medical treatment when I was 10 years old, my family and I saw the need for an organization like Ducklings Travel to help other families going through the same thing,” said Taylor Bouchard, founder and executive irector of Ducklings Travel, Inc. “Our organization chose to support the Ronald McDonald House, knowing its valuable services provided to local families needing a helping hand.”

Even though Bouchard made the difficult decision to close her nonprofit, it was for a good reason. She is moving



Ducklings Travel donates to RMHC SWFL photo provided

to pursue her master’s degree in nonprofit management.

The donation will directly benefit RMHC SWFL’s free-of-charge programs and services for children and families, such as the Ronald McDonald House, Ronald McDonald Family Room at Golisano Children’s Hospital and the Ronald McDonald Care Mobile Program.

Visit rmhcswfl.org/what-we-do for more information about what RMHC SWFL does and how to get involved.✧

Pet Adoptions To Clear Shelters

Clear The Shelters, NBCUniversal Local’s annual nationwide pet adoption and donation campaign, returns for the eighth consecutive year August 1 through 31. As part of the month-long initiative, NBC and Telemundo-owned and affiliated stations across the U.S. and Puerto Rico are partnering with animal shelters and rescue services in their communities to promote pet adoption and raise funds to support animal welfare.

Lee County Domestic Animal Services will participate for its fifth year. Adoption fees on dogs will be reduced to \$25 and cats to \$20 with an approved application. This will lead up to the Clear the Shelter Event Day on Saturday, August 27, when all adoption fees will be waived. The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$600 package.

Since its 2015 inception, Clear the Shelters has helped more than 700,000 pets find new homes. Last year’s campaign resulted in more than 140,000 adoptions and raised more than \$500,000.

“We are pleased to present our eighth annual Clear The Shelters campaign to help shelters and rescues across the nation with their critical work of finding loving homes for the

animals under their care, and inviting communities to donate funds to support their work,” said Valari Staab, chairman of NBCUniversal Local. “Clear The Shelters is a community-driven effort that counts on the support of so many, including our employees, shelter partners, our affiliate stations and our national sponsors, and thanks to them the campaign has become an important event.”

Lee County Domestic Animal Services Adoption Center is located at 5600 Banner Drive in Fort Myers. For more information, visit www.leelostpets.com.

For more information on Clear The Shelters, visit www.cleartheshelters.com and the Spanish-language site www.desocuparlosalbergues.com.✧

Northbound Lane Closures On I-75

Beginning Sunday, August 7, motorists should expect northbound lane closures on I-75 over the Caloosahatchee Bridge between SR 80/Palm Beach Boulevard and SR 78/Bayshore Boulevard to allow crews to groove the roadway.

The lane closures will occur during nighttime/overnight hours from 7 p.m. to 6 a.m. Sunday through Friday. Motorists should expect delays and use caution while driving in the area.

The work is expected to be completed in mid-September.✧

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 10:30 a.m. in house and live on Facebook. Adult Ed Forum 9:15 a.m. in Sanctuary, www.allfaithsuu.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalthouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM
Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY
Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 9 and 11 a.m. English, 10 a.m. Spanish. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 10 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcforymyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD
Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonast

[ery.org](http://www.ery.org), 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Saturday 5 p.m.; Sunday 8, 9:30 and 11 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

Email changes to press@islandsunnews.com or call 395-1213.✧

Plant Smart

Lady Palm

by Gerri Reaves

Lady palm (*Rhapis excelsa*) is a nonnative, shade-loving clumping palm that usually reaches no more than 10 feet tall.

Also called ground rattan, miniature fan palm and broadleaf lady palm, it is native to southeast China.

The palmate leaves are about a foot wide and have five to 10 strap-like leaves that are separated to the stem.

The blades are about an inch wide with toothed squarish tips and finely serrated edges.

Mats of brown fiber cover the slender cane- or bamboo-like trunk.

In summer, branched stalks of inconspicuous whitish flowers appear at the trunk's tip end. They are unisexual, with male and female flowers appearing on different plants.

The tiny inedible berries contain one to three seeds.

This palm prefers moist, well-drained soil with organic content. It is moderately salt tolerant.

Variegated and yellow-leaved cultivars have been developed.

Because it thrives in shade, remains relatively small and is slow-growing, it excels as a patio, container, or indoor plant. Direct sun will result in yellow leaves and burned tips.

Although it is Florida-friendly, consider



Nonnative lady palm is a low-growing, shade-loving species often used as a container plant photo by Gerri Reaves

reserving landscape space for native palms that benefit for wildlife and enjoy this species as a container plant.

Sources: *500 Plants of South Florida* by Julia F. Morton; *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden* by Frederic B. Stresau; and *A Handbook of Landscape Palms* by Jan Allyn.

*Plant Smart explores the diverse flora of South Florida.**

New Guidelines For Imperiled Birds

The Florida Fish and Wildlife Conservation Commission (FWC) has approved new species conservation measures and permitting guidelines for four state-listed beach-nesting bird species – the American oystercatcher, snowy plover, least tern and black skimmer.

All four species of state-listed beach-nesting birds are included in one set of guidelines, which is now available at www.myfwc.com/speciesguidelines.

The guidelines are designed to be a tool for landowners, consultants, agency partners and other interested parties on how to conserve these species. Recommended conservation measures and survey methods are included to promote actions that benefit these four species. These guidelines also include options for avoidance of take and options for permitting that minimize and mitigate unavoidable harm or harassment.

ShoreMapper is an online resource intended to support these guidelines and assist in determining whether project activities will take place in an area important for imperiled beach-nesting birds. The ShoreMapper tool is available at <https://gis.myfwc.com/shoremapper>.

The approved guidelines will take effect in September 2023. In the meantime, the FWC will continue to issue permits for these species on a case-by-case basis. The intervening period will be

used to recruit and train new imperiled beach-nesting bird permitted monitors, develop outreach and training products, and to raise awareness with affected stakeholders.

For an overview of how Florida conserves imperiled species, visit www.myfwc.com/imperiled.*

Red Snapper Season Closure

The summer season for harvesting red snapper in gulf state and federal waters for private recreational anglers ended August 1, but will reopen for five weekends beginning October 8.

The current season also applies to for-hire operations that do not have a federal reef fish permit but are limited to fishing for red snapper in gulf state waters only.

To learn more about the recreational red snapper season in gulf state and federal waters, including size and bag limits, visit www.myfwc.com/marine. You can also find updated Florida saltwater fishing regulations at www.fishrulesapp.com, www.instagram.com/fishrulesapp or www.facebook.com/fishrulesapp.

If you plan to fish for red snapper in state or federal waters from a private recreational vessel, even if you are exempt from fishing license requirements, you must sign up as a state reef fish angler (annual renewal required) at www.gooutdoorsflorida.com. To learn more, visit www.myfwc.com/srfs.*

New Rules For Reporting Captive Wildlife

The Florida Fish and Wildlife Conservation Commission (FWC) has approved rule language related to captive wildlife reporting requirements for injuries and escapes to improve public safety and provide information necessary for the management of captive wildlife.

The following new rule language will create consistency across all captive wildlife classes for permittees and assist the captive wildlife section with gathering data for effective management:

Requiring all captive wildlife permittees

to report to the FWC any injuries to anyone other than the permittee or an authorized employee that are caused by captive wildlife and that require treatment beyond basic first aid. Injuries to permittees and qualified employees must be reported if the injuries result in serious bodily injury or death;

Requiring permittees to report all escapes of Class I, II, III and Venomous Reptiles of Concern (VRC);

Adjusting the threshold at which an injury becomes a violation of the rule;

Prohibiting the unauthorized breaching of a public safety barrier;

Providing FWC staff the flexibility to require a digging barrier for animals that have exhibited digging behavior; and

Clarifying rule language regarding open-top enclosures.*

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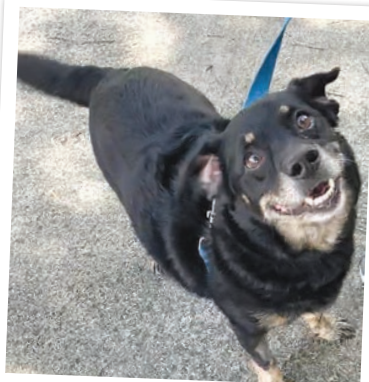
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Heat And More Heat



by Capt. Matt Mitchell

With July behind us, we still have another few months of sweltering south Florida summer heat to look forward to. Water temperatures have

been well into the upper 80s, making keeping bait alive for more than one morning charter a challenge. As much as winter cold can shut down the bite, extreme heat also slows the fish. Look for the incoming tides bringing slightly cooler gulf water into the sound to bring the better action.

Getting out early is generally going to be the better action though some days you just don't have a choice and have to be out in the middle of the day. One key to fishing success during the afternoons has been to target fish in the deeper water in and around the passes. This deeper water may be two to three degrees cooler than the shallows of the grass flats. When fishing in the sound, it's really noticeable that the fish move out to the five to seven foot depths as the day heats up.

One bite that has remained solid almost anytime of day has been trout and snapper out on the flats. A few



Not all the snook I'm catching have been small

photo provided

places that have produced a consistent bite have been areas close to the intercoastal with deeper grass flats. Both Red Light Shoal and Captiva Rocks have this shallow water transition that falls off into deeper grass as they stick out towards the channel. On the west side of the channel, Foster Point also offers anglers these deeper grass flats. When you find diving birds feeding on

fry bait in these places, it's been lights out action.

Live shiners are the bait of choice rigged as light as you can. When targeting trout and especially mangrove snapper in the places mentioned, I've been dropping down to 20-pound, or even, 15-pound fluorocarbon leader and a small light wire 1/0 hook. A slow stop-and-go retrieve makes the

bait flutter and is deadly. It also keeps the bait from hanging up in the grass bottom. This open water bite has been the best action around and produces a amazing variety of fish ranging from small gag grouper to mackerel and bluefish. Although its not glamorous, it's been nonstop action.

This past week, I made my way back into the mangrove creek systems of JN Ding Darling National Wildlife Refuge a few days and was amazed to see the amount of small snook in here. Though most of these snook are 12 to 20 inches long, what they lack in size they make up for in sheer numbers. Seeing this many snook is a great sign of the future of our snook fishery. Like just about everywhere else in the sound, right now these same creeks are also loaded with mangrove snapper.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✴

Students Named To Dean's List

Jessica Kearney of Cape Coral has been named to the dean's list for the spring 2022 semester at the State University of New York at Delhi.

The dean's list is a recognition of students who enrolled in six or more credits and earned a 3.5 or higher grade-point average for the semester.✴

Joseph Cusick and Kristen Morello, both of Fort Myers, were named to the dean's list for the spring 2022 semester at Palmer College of Chiropractic's Florida campus in Port Orange.✴

From page 1

Love That Dress

placement, neglect, grief, incarceration of a family member, mental health and physical, emotional or sexual abuse.

Embassy Suites by Hilton is located at 10450 Corkscrew Commons Drive in Estero. To purchase tickets, register to volunteer and learn more about the Love That Dress! fundraiser, visit www.lovethatdressleecounty.com.✴

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Florida Softshell Turtle Hatchlings



by Bob Petcher

Florida softshell turtle eggs (*Apalone ferox*) come from the largest species of softshell turtle found on the continent. The freshwater reptile has a flattened shell, an elongated head

and a snorkel-like nose that distinguishes it from other softshells.

Florida softshell turtle hatchlings have a lighter upper shell color with yellow and orange markings and a carapacial rim. They are said to be fully developed at birth and are able to fend on their own.

At CROW, 12 hatchlings emerged from incubating Florida softshell turtle eggs that hatched on July 26. Their mother (patient #22-2450) was admitted in May after suffering spinal and shell fractures from a hit-by-car incident and unfortunately did not survive her injuries. CROW staff members were able to extract her eggs and incubate them in hopes they would hatch.

"The typical incubation period for many aquatic turtles is 50 to 70 days and these hatched right around the 65-day mark," said CROW Rehabilitation



Florida softshell turtle hatchlings that were incubated are now in the wild

photo by Haillie Mesics

Manager Breanna Frankel. "We were able to see the eggs on radiographs, which indicates they were calcified enough for laying. After (their mother) passed away, we harvested the eggs within 24 hours and put them in substrate to incubate. We do our very best to harvest as many eggs as possible as long as the eggs are in viable condition, and it must be done quickly, within a day of the female passing."

Once the turtle hatchlings emerged, they were found to be in overall great health and were housed in CROW's reptile room where they received supportive care before quickly being

released into the wild.

"Turtles are self-sufficient immediately after hatching and their parents do absolutely nothing for them in the way of providing food, shelter or protection," said Frankel. "After hatching, we cleaned them off and placed them on a wet paper towel so the rest of their yolk sac could absorb. Once their yolk sac had absorbed, they were transferred into a shallow water habitat. We ensured a clean habitat and provided food options but otherwise didn't have to do much."

"As the yolk sac absorbs, it provides them enough nutrients until they can find suitable food and shelter within a

few days. As soon as their yolk sacs fully absorbed, they were cleared for release. They were only at the clinic for a matter of one to two days before being released."

The hatchlings were separated and placed in two different locations to begin their lives.

"We chose to spread these hatchlings out over a couple different suitable habitats within Lee County as we did not have a precise location for where mom was found," Frankel explained.

While there was tragedy in May after losing the pregnant Florida softshell turtle, there is now triumph to have her eggs hatch and all hatchlings turn out overall healthy.

"Not only is it heartwarming for staff, students and volunteers to see the babies make it after such a tragedy, but it is also incredibly important for their species as a whole," said Frankel. "As a native species, Florida softshell turtles are a vital part of our ecosystem and every animal plays a particular role. Release is our ultimate goal, but after such a sad outcome, to have so many babies successfully hatch and return to the wild is somewhat of a miracle."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Foundation Grant Goes To Coalition

FutureMakers Coalition has been chosen for a \$500,000 three-year grant from the Elsa & Peter Soderberg Foundation toward their stop-out and Graduate! Southwest Florida navigator work.

The grant is part of a 100 percent match provided by the Lee County Industrial Development Authority (IDA) and exceeds the original match proposed. FutureMakers Coalition partners including Florida Gulf Coast University, Florida SouthWestern State College and Collaboratory have also contributed to the stop-out and Graduate! Southwest Florida navigator work for a total of \$1.647 million over a three-year period.

As part of the program, FGCU expects to bring back two percent of students who stopped-out with a balance owed to FGCU (estimated 40 students). This would reduce the number of students sent to collections by 10 percent and empower appropriate departments to use funds to support the student before moving on to collections.

FutureMakers Navigators plan to engage and support 280 adult learners pursuing credentials.

FutureMakers Coalition is a regional collective impact initiative that has been designated a Talent Hub by Lumina Foundation in partnership with The Kresge Foundation to support local efforts to increase educational attainment. FutureMakers Coalition encourages

businesses to join and invest in sustaining this community-changing initiative by visiting www.futuremakerscoalition.com or emailing FutureMakers Director Tessa LeSage at tlesage@collaboratory.org.

Service Award Named After Commissioner

The board and staff of Calusa Waterkeeper are honoring the late Lee County Commissioner Frank Mann for his work while serving as county commissioner and in other public offices. With his family's blessing, one of the nonprofit's annual awards has been named the Frank Mann Exemplary Public Service Award.

In a letter to Mann's family, Jim Watkins, president of the Calusa Waterkeeper board, wrote, "Commissioner Mann's service to the community embodied the highest ideals of public office. His integrity, honor and compassion and his commitment to protecting the environment and preservation and expansion of public lands will be sorely missed."

"The Frank Mann Exemplary Public Service Award shall only be given to those individuals who display the same dedication and ideals that Frank did. While it is possible there may not be a recipient some years, we hope that there will be an opportunity to recognize someone who carries on his tradition of selfless public

service and commitment to our quality of life in Southwest Florida."

In a return letter dated July 11, Mann's wife, Mary Lee, wrote, "There could be no more fitting tribute to Frank and his years of public service."

Mann passed away at the age of 80 on June 21.

Gift Awarded For Veteran Program

Hope VALOR, a program of Hope Healthcare, was recently awarded a \$5,000 gift from the Luminous Fund to support its efforts in honoring military veterans.

As a five-star partner of the National Hospice and Palliative Care Organization's We Honor Veterans program, Hope VALOR provides formal recognition ceremonies for men and women who have served in the U.S. Armed Forces. Hope Honor Guard volunteers present veterans with personalized appreciation certificates, American flag lapel pins and other special mementos while friends and family members are in attendance. The program also offers support for post-traumatic stress disorder, guides families who are seeking replacement medals or military funeral honors and helps wartime veterans submit their personal stories and recollections to the Veterans History Project, facilitated by the Library of Congress.

The Luminous Fund was created in 2016 by Kathy and Dave Carrier as a philanthropic legacy for their family. To date, they have awarded nearly \$600,000 in grants for charitable initiatives.

With more than 40 years of experience as a local, not-for-profit healthcare organization, Hope Healthcare is dedicated to providing care and comfort for people in life's closing chapter. A compassionate team of staff and volunteers offers practical, spiritual and emotional support for the entire family. For more information, visit www.hopehcs.org.

Business Alliance Lunch Meeting

George W. Schaeffer will be the guest speaker for the Southwest Florida Business Alliance during their quarterly luncheon meeting at the Victory Conference Center on Thursday, August 4 from 11 a.m. to 1 p.m.

Schaeffer, the billionaire founder of dominant global consumer brand OPI offering nail polish, nail care and nail art worldwide as well as chairman and CEO of People's Trust Insurance, will give his expertise and share how he built his businesses from the ground up.

Not only will you hear from other local and state VIP speakers and titans of the industry, but you will also have the chance to openly network over lunch with other local business owners. This is a great opportunity to grow your business by making connections and expanding your professional circle. Don't forget to bring your business cards.

The Victory Conference Center is located at 1201 Taylor Lane in Lehigh Acres. To register, visit <https://bit.ly/3nIMRwA>. For questions, call 470-5611.

Rescue Plan Funding Ratified For Nonprofits

The Lee Board of County Commissioners have approved the United Way-Lee County Nonprofit Human Service projects recommended by United Way for funding through the American Rescue Plan Act Coronavirus State and Local Fiscal Recovery Fund.

The vote authorizes distribution of up to \$16.2 million of American Rescue Plan Act funding to local nonprofits previously obligated by the commissioners in March.

Through the American Rescue Plan

continued on page 14

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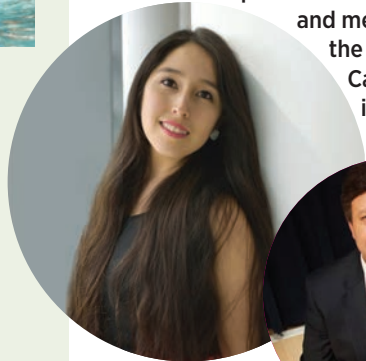
Learn about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. Admission is free; however, reservations are required by calling (239) 990-2116 and pressing 1 for Sales. **FREE**

CONCERTS

Thur. August 11 • 7 p.m.

Baron-Navarro Piano Duo

Since 2013, the Baron-Navarro Piano Duo has performed a wide range of music for two pianos and piano four hands with electric energy and melting lyricism. Recently, the duo celebrated their Carnegie Hall debut and the international release of their CD of French music for two pianos. **Tickets \$40**



Priscila Navarro



Michael Baron

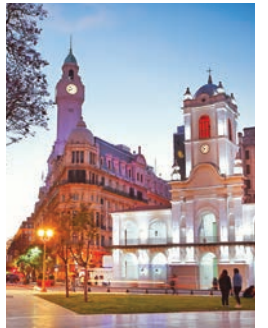


ACADEMY OF LIFELONG LEARNING

Tue. August 9 • 4:30 p.m.

An Evening in Buenos Aires: Music, Culture, and Dance

Enjoy the sensual sounds and dance that characterize tango as FGCU's Dr. Tom Cimarusti and guest artists celebrate the legendary tango composer Astor Piazzolla. **Tickets \$20 with light refreshments after the program.**



Fri. August 12 • 10 a.m.

The Endangered Sawfish of Charlotte Harbor

Once relatively common throughout Florida's coastal waters, Florida's smalltooth sawfish is now becoming endangered. Tonya Wiley, President of Havenworth Coastal Conservation, will share facts about this iconic and fascinating fish and discuss local research projects—along with how you can be involved in recovery efforts! **Tickets \$15**

Thurs. August 25 • 4 p.m.

Maria Callas – the Voice of a Century!

Maria Callas, referred to as “La Divina” by her devoted worshippers, is widely considered to be one of the greatest opera singers of all time. FGCU's Dr. Krzysztof Biernacki explores how 45 years after her death, Callas epitomizes the golden standard against which today's opera singers are measured. **Tickets \$15**

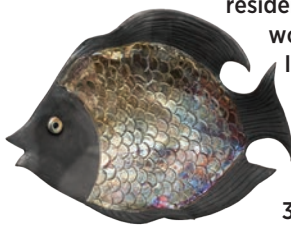
IN THE GALLERIES

Through Sat. August 27

Fireworks & Fishin': Scenes of Summer and The Fish Art Challenge

In the Shell Point and Overlook Galleries, Shell Point resident artists salute summer with works created in all mediums.

In the Legacy Gallery, **Gone Fishin': Artworks by Roger Ruth and Tom Young** showcases fish-inspired wooden creations. 10 a.m. – 3 p.m. Tues. – Sat. **FREE**



Raku Fish by
Augusta Crane

Thur. August 18 • 7 p.m.

Allison Duo: Saxophone and Piano

The Allison Duo's repertoire ranges from classical transcriptions to jazz, to klezmer, to the latest music for saxophone and piano. Together, saxophonist Shawn and pianist Abbey Allison are co-music directors of the Unitarian Universalist Congregation of Greater Naples. **Tickets \$40**



To purchase tickets, contact the Tribby Arts Center Box Office at **(239) 415-5667**

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Book Review

Dream Town



by Di Saggau

In *Dream Town*, World War II veteran and private investigator Aloysius Archer heads to Los Angeles and soon is involved in a lethal case. It's 1953, and Archer is planning to celebrate New Year's

Eve with old friend Liberty Callahan. Their evening is disrupted when a friend of Liberty's, Eleanor Lamb, an aspiring actress, shows up and wants to hire Archer because she feels someone is out to kill her. Taking the case, he sneaks into Eleanor's house and finds a body, then gets knocked out by an unknown assailant. On top of that, Eleanor disappears. Are Eleanor and the dead man connected? It's up to Archer to find out.

This is Baldacci's third Archer adventure. It leads Archer and his spiffy 1939 blood-red Delahaye convertible to Hollywood and transports the readers to the '50s with flashy movies and movie stars, not to mention casting couches, adultery, blackmail, booze and murder. The flashy side of movies, yachts and galas also hide the darker side of Hollywood.

Archer visits the production company of Eleanor's latest film and his investigation takes him to the sleazy bars of Chinatown, the gambling joints

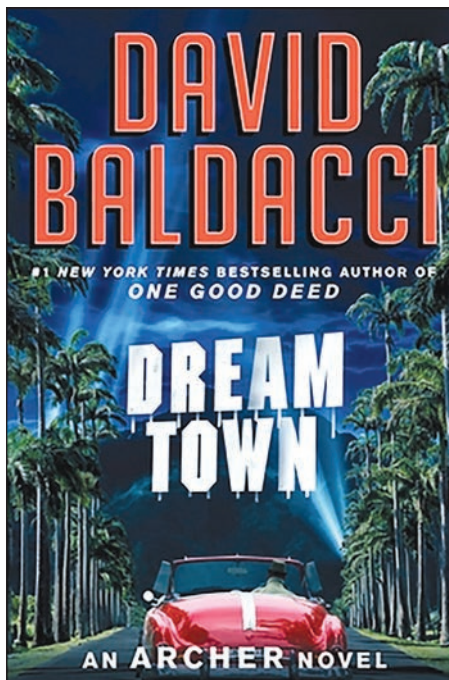


image provided

of Vegas and the shores of Lake Tahoe. Archer learns that while men are running the film industry, it's their wives who wield the real power. Four women know more about Eleanor's past than they admit. Alice Jacoby, a talented set designer, Gloria Mars, a sexy producer's wife, Mallory Green, a jade Oscar-winning producer, and Bernadette Bonham, a neighbor and old friend of Eleanor's, could all be suspects.

Dream Town captures the dark underbelly of Hollywood's Golden Age and

creates a mystery packed with juicy leads and supporting cast members. Bullets fly while villains, drug lords, crooked cops and smugglers lurk around every corner. Baldacci piles on the tension until Archer

finally pieces everything together. Another well-done crime fiction from one of my favorite authors. His new book, *The 6:20 Man*, is sitting on my stack of books to read.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley,
My three children are having back-to-school jitters. They are in elementary school. What are some things we can do to stay calm?

Marie Claire H., Fort Myers

Marie Claire,

School jitters happen to all of us at some time or another. It's very normal. There are some things though that you can do to ease that nervousness, especially for younger children.

Before school starts:

If your child's school does not have an orientation program, make an appointment to visit the school. Walk around the building and walk the route to your child's classroom.

During your visit, take some pictures of your child at various places at the school and make your own "book" about going to school.

Drive your child's bus route and point out places of interest along the way.

A week or so before school starts, begin waking your child at the time he will need to wake up in order to go to school. This will help you know how much sleep your child will need so that he or she is rested for school. Adjust bedtime accordingly.

On the first day of school:

Make sure your child has a healthy breakfast. He or she will need to pay attention to the teacher, not a hungry tummy.

Give your child a picture of your family to keep in his desk or backpack. She or he can look at it whenever he feels lonely.

Celebrate – families should proudly celebrate the first day of kindergarten as an important passage in a child's life.

If your child doesn't want to go to school:

Be matter of fact – let your child know that going to school is expected of them.

Don't give in to pleading – as hard as it is, if you give in to your child's pleas not to go to school, it will make it that much harder for him to go next time.

Don't repeatedly tell your children how much you're going to miss them when they go to school. This will only make it more difficult to separate from you.

Most children are afraid of the unknown – preparing your child beforehand will relieve many of their fears.

Parent Jitters:

Try to keep your own anxiety in check. Children can often sense when their parents are upset and can become nervous themselves.

Talk it out – if you are nervous about

your child "leaving the nest," talk with someone you trust... a friend, your parents, a clergy member, or a school employee

Nervousness is normal and the anxiety should subside in about a couple of weeks once your child feels comfortable in his new routine. I know that both of you will enjoy the kindergarten experience – it's great.

This article is adapted from the Virginia Academy of School Psychologists public service department.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.*

Bank Named Awards Finalist

Sanibel Captiva Community Bank has been named a top finalist for *The News-Press*' 2022 Best of the Best Fort Myers awards in the Best Bank, Best Mortgage Company and Best Place to Work categories.

Winners will be announced September 27 at a gala hosted at the Caloosa Sound Convention Center at The Luminary Hotel.

"To be recognized for a second consecutive year as one of the best banks, best mortgage company and best place to work in Fort Myers is an honor. We genuinely love our community, and we are thankful Southwest Florida continually acknowledges our contributions in making this a wonderful place to work, live and play," said Amy McQuagge, vice president and director of marketing at Sanibel Captiva Community Bank.*

From page 1

Competition

tickets to any SBDAC 2022-23 season event, SBDAC and Island Hopper Swag and a trophy.

This marks the final event of the Sounds of Summer series. Sponsors include Island Hopper Songwriter Festival, Suncoast Beverage, iHeartRadio, Six Fingers Studios, The Irving Luxury Living Downtown, Blu Sushi and Victory Layne Chevrolet.

To submit a video entry or purchase tickets, visit www.sbdac.com/singer-songwriter-competition.

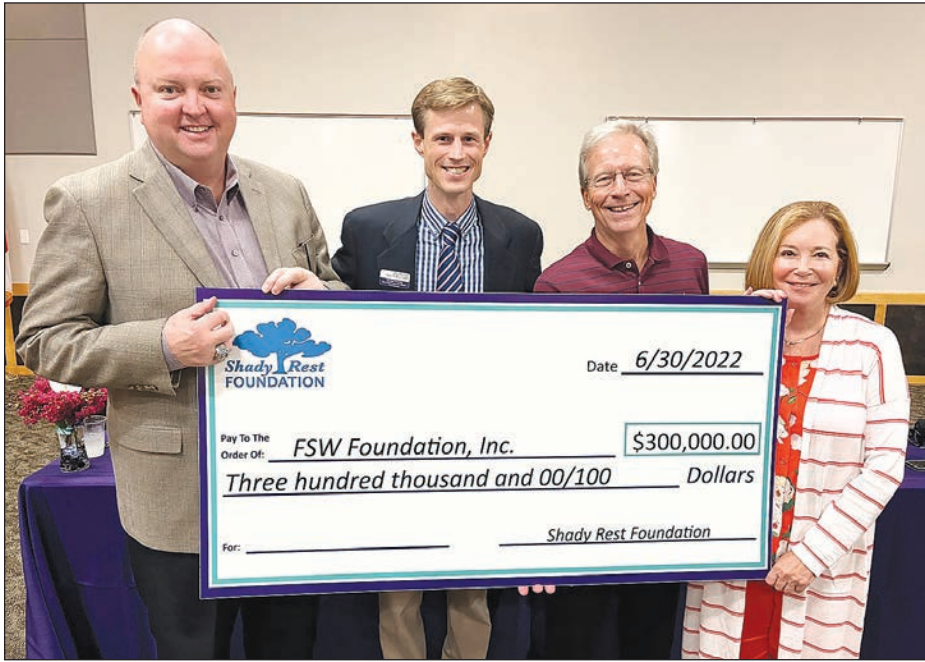
The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com or call 333-1933.*

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"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

Foundation Donates To College



From left, Dr. Jeff Allbritten, president of FSW; Joseph Kramp, chief development officer of FSW Foundation, Inc.; Robert Murray, president of Shady Rest Foundation; and Dr. Jo Stecher, vice president of Shady Rest Foundation. photo provided

Florida SouthWestern State College's (FSW) School of Health Professions has received a \$300,000 donation from the Shady Rest Foundation. The funds will be used to create scholarships for FSW School of Health Professions students.

The \$300,000 donation will be split into three scholarship designations: \$100,000 will create immediate scholarships for FSW RN to BSN nursing students; \$100,000 will be used to create permanently endowed scholarships for future FSW RN to BSN nursing students;

and \$100,000 will be used to create permanently endowed scholarships for all degree-seeking students in FSW's School of Health Professions.

"We appreciate the Shady Rest Foundation's commitment to elevating opportunities for FSW students who are pursuing health care professions," said Dr. Jeff Allbritten, president of FSW. "Scholarships like these truly change the lives of our students and help FSW continue to serve the Southwest Florida community and workforce as we have over the last 60 years."✱✱

Get Out The Vote For Florida Primary Election

Sarah McDonald, president of the League of Women Voters of Lee County (LWVLee) reminds voters to vote informed in the August 23 primary election. "Every eligible American voter should exercise his or her right to be heard at the ballot box. Elected leaders make the decisions that affect us, our jobs, healthcare, energy costs, education and more," said McDonald.

All eligible voters, including those without a party affiliation, may vote in the August 23 primary election for federal, state, county, Cape Coral and Fort Myers races, and some local referendums. Primary results will determine who is elected and who will be on the November 8 general election ballot.

Some candidates were elected unopposed including Florida Senate District 28, Florida representatives districts 76 and 79, 10 20th Judicial Circuit Court judges, Lee County Judge Group 2, the public defender, Lee Memorial Health System District 2, Lee County Mosquito Control, districts 2, 4 and 6, Fort Myers Ward 5.

There are three ways to vote in the August 23 primary election:

1. Request a Vote-by-Mail Ballot by August 13 at <https://www.lee.vote/Vote-by-Mail/Vote-by-Mail-Information/Request-a-Vote-by-Mail-Ballot>. Completed ballots must be received by the supervisor of elections by election day.
2. Vote early from August 13 to 20, 10 a.m. to 6 p.m. For early voting locations, check www.lee.vote.
3. Vote on election day. Check your precinct before you vote as it may have changed. LWV is partnering with Lyftup to help voters get to the polls. Contact lwvlee@lwvlee.org for more information.

Visit www.vote411.org for nonpartisan election information. It includes candidate information for Lee County, Florida and the U.S.

Virtual candidate forums for Lee County races are available for free public viewing at www.lwvlee.org or www.vote411.org.

The League of Women Voters of Lee County Florida is a nonpartisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues and influences public policy through education and advocacy. The League of Women Voters does not support or oppose candidates and/or political parties.✱✱



SPECIAL EXHIBITIONS NOW ON VIEW

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MOLLUSK HOSPITAL: A Shell Folk Art Journey in 20 Rooms

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Summer exhibitions made possible by a grant from the Cornelia T. Bailey Foundation and a gift from Mark and Kathy Helge.

FREE ONLINE LECTURES

Aug. 11: Mobilizing Millions of Mollusks of the Eastern Seaboard

by Dr. Rüdiger Bieler, Curator of Invertebrates, The Field Museum; and Dr. José H. Leal, Science Director and Curator, BMNSM

Sep. 14: Saving the Queen of the Sea: Queen Conch Conservation Aquaculture

by Dr. Megan Davis, Research Professor, Aquaculture and Stock Enhancement Program, Florida Atlantic University Harborbranch Oceanographic Institute

Oct. 13: Land Snails in Los Angeles: An Experiment in Urban Citizen Science

by Dr. Jann Elizabeth Vendetti, Associate Curator and Twila Bratcher Chair in Malacology, Natural History Museum of Los Angeles County

Past online lectures available to view anytime at ShellMuseum.org.

Register at ShellMuseum.org/lectures

Lectures made possible by a gift from Mark and Kathy Helge.

FALL CLASSES

Nov. 2: Fantastic Shells and Where to Find Them

Nov. 8: Mound House Field Trip (Fort Myers Beach)

Nov. 16-17: A Day in the Life of an Aquarist

Nov. 29: Shell Ambassador Certification Course

Dec. 13: Lighthouse Beach Marine Biology and Field Lab

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Out-Of-State Documents



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

People commonly ask me whether their out-of-state wills and trusts are valid in Florida. It's a simple question yet complicated.

Let's suppose that you have a will drafted in New York but die in Florida. If you're still a New York resident, then there's no problem. Your will is probated in New York, and assuming the document complies with New York law, there should be no problems. This is true even if you own Florida real estate.

Taking this one step further, if you're a New York resident who owns Florida real estate and your estate plan is will based,

then it's likely that two probate administrations will be necessary: a domiciliary proceeding in New York; and an ancillary proceeding in Florida. That's because the disposition of the Florida real estate under a will needs to be administered in Florida.

The same holds true in nearly every state. If you own property in your name and die, then there will likely be a probate proceeding of some sort, usually an ancillary proceeding, in the state where the real estate is located. The same is not true of bank and brokerage accounts. Those would be probated in the domiciliary administration, no matter the state where the bank and brokerage accounts are located.

To illustrate, assume Gino is a New York resident, and owns property in New York and in Florida. He also has stock brokerage accounts in New York and bank accounts in Florida. What kind of probate proceeding will be required? In this case, a domiciliary proceeding will be opened in New York, and those papers will be used to open an ancillary proceeding in Florida. The New York proceeding will govern the New York property as well as the bank and brokerage accounts in Florida and New York. The Florida probate proceeding will only govern the Florida real estate.

Now, let's say that Gino moves to Florida but dies owning the exact same assets. Gino should have updated all of his documents to Florida law. Why? Because Florida law is different than New York law to admit a will to probate. So, the attorney in

Florida (unlike New York, an attorney is necessary to conduct a Florida probate) will need to somehow verify the witness signatures of the New York will to admit the will to the Florida probate court. This will likely cause unnecessary expense and delay.

Also, if Gino named a friend who is not a Florida resident as his executor/personal representative, that friend won't qualify under Florida law.

What if Gino has a revocable trust? Should he update his trust to Florida law? Yes! There are differences between state law that may result in unintended and adverse consequence. This, not to mention that the New York State Revenue Department is quite aggressive in taxing residents who believe that they moved to Florida but did not meet the New York requirements to escape their taxing authorities.

I wrote an entire whitepaper on escaping your former state's taxing authority that you can access for free at <https://floridaestateplanning.com/escape/>. Generally speaking, it's easy to become a Florida resident. The difficult task is escaping your former state's taxing authority. Many northeastern and some midwestern states don't believe residents who say they've moved to Florida. So, they impose stringent requirements that reel you back in for tax purposes. Read my whitepaper on the subject for an in-depth analysis.

What about durable powers of attorney, health care surrogates and living wills? Again, those documents should comply with the state of your residency. Even if you have a medical emergency in another state, the documents you have, if they're up to date with your state of residency, should be valid in all states.

Even if you have documents drafted in the state in which you're a resident, make sure that they're up to date. Laws change, and your family and financial circumstances change. I can't tell you the number of times a retired couple has me review documents that still name guardians for their children, when their children are in their 30s, 40s, and 50s!

Federal tax laws change frequently. That's one of the things about my profession. We must stay current with all the new laws. I spend dozens of hours a year attending continuing education courses, not counting the many hours reading applicable tax notices and trade journals.

If your legal documents have been gathering dust, or if you own property in more than one state, or if you've changed state residency, it's time to update your plan.

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Director Named To Foundation

Annie Campbell has been named director of development at The Heights Foundation. The organization works to build strong, self-sufficient families in the Harlem Heights neighborhood of Fort Myers.



Annie Campbell

Campbell will lead ongoing annual fundraising, major gifts and planned-giving to support the programs of The Heights Center, including programs for adults, the Heights community and programs for kids such as AfterSchool, Summer Camp and Heights Early Learning.

"The Heights Foundation has an excellent reputation of providing services to the residents of Harlem Heights, changing the trajectories of many lives," said Campbell. "The foundation keeps families sheltered and fed, provides educational opportunities for adults and kids, and ensures kids are safe and learning. I look forward to helping further the mission."

Campbell has more than 20 years of experience in the nonprofit industry. Before her position at The Heights Foundation, Campbell served as development director for BIG ARTS on Sanibel, development director at Pace Center for Girls in Immokalee and community director for the March of Dimes. Campbell serves on the board

of directors for the Harlem Heights Community Charter School and Eva's Closet and Foundation in Fort Myers. In addition, she participated in the 2022 Leadership Sanibel-Captiva program through the Charitable Foundation of the Islands and was inducted as the 2022-23 president of the Sanibel-Captiva Rotary.

Campbell received a bachelor of science degree in psychology from Michigan State University, a master in education degree from Aquinas College, a certificate in fundraising management from Indiana University and a certificate in strategic leadership from Harvard University. She grew up in Traverse City, Michigan and moved to Fort Myers in 2015.✱

Marketing Firm Digital Assistant

Pushing the Envelope, Inc., a strategic marketing communication firm based in Fort Myers, welcomes Richard Gosling as a digital marketing assistant.

In his role, Gosling is responsible for assisting in the development of social media strategies, as well as the production of social media content, email marketing efforts and inbound Internet marketing to execute successful digital initiatives.

Gosling is pursuing a bachelor of



Richard Gosling

science degree in marketing at Florida Gulf Coast University. A veteran, he previously served as a squad leader in the United States Marine Corps and held a variety of marketing roles for local real estate brokerages in Southwest Florida.✱

Architect Wins Gold Medal

Southwest Florida architect Joyce Owens, FAIA RIBA, is the recipient of AIA Florida's 2022 Gold Medal award, recognizing her leadership and impact as an architect. This is AIA Florida's highest honor, and Owens' win breaks a longstanding barrier in the male-dominated profession.

Owens hopes the award will encourage other women architects to create and pursue opportunities to take the lead through their own work and design. "When I started my career, I knew only one female architect older than me," she said. "As more and more women enter the field every year, I want to encourage young women to work hard, but also to take credit for the wealth of talent they bring in an inherently difficult profession."

The Gold Medal is awarded by a jury of former winners to an individual who has a profound impact on the architecture profession and

demonstrated noteworthy leadership within the AIA, as well as notable accomplishments in their community. Owens will receive the 2022 Gold Medal during an awards ceremony at the AIA Florida annual convention, at the Breakers in Palm Beach on July 30.

In 2020, the AIA Florida awarded Owens its Medal of Honor for Design, the highest design honor, recognizing her influence on design as one of the most significant architects in the state.

Owens' recognition for excellence in architecture extends beyond Florida. In 2018, she was inducted into the prestigious College of Fellows (FAIA) of The American Institute of Architects, a distinction held by only three percent of architects nationwide. From 2019 to 2021, Owens served on the AIA National Strategic Council and is currently a member of the organization's public outreach committee. In 2017, Owens served as president of AIA Florida.✱



Joyce Owens

From page 10

Rescue Plan

Act, Lee County was provided \$149 million in funding to support the local response and recovery from the COVID-19 public health emergency. The funds are designed to assist governments in responding to the pandemic, addressing its economic impact, and establishing a foundation for a strong and equitable recovery.

Funds are being allocated for infrastructure, public health, negative economic impacts, revenue replacement and more. Additional details about allocations are available at www.leegov.com/arpa.✱

Superior Interiors

Accent Wall Design Ideas



by Trinette Nelson

Whether you have plans to paint a room in your home or you're looking for a simple way to amplify a design scheme, accent walls are a great addition to consider.

The accent wall is defined as a wall with a different color, texture or design from the rest of the room. Its purpose is to highlight and draw attention to the space, making it a unique focal point out of the four walls. You can incorporate an accent wall into any room in your home, but it might make the biggest statement in a room that gets a lot of traction, such as the kitchen, living room, or family room.

One of the most common approaches to an accent wall is painting with a bold color as a simple way to claim the attention in a certain area of the room. Maybe you want to highlight your fireplace and mantel, or you want to steal the focus away from the television. No matter the reason, painting an accent wall is a quick and effective way to add more character to your space.

While many people shy away from wallpaper based on the concerns related to its removal, today's wallpaper is more efficient and functional. Wallpaper accent walls are currently very trendy, with many homeowners taking advantage of the opportunity to spruce up a small space like the guest bathroom or the home office.

If you love modern farmhouse design and need an accent wall to follow your theme, shiplap makes a great option. A white shiplap feature wall can make a gorgeous statement in a modern neutral kitchen as well. Looking to achieve a

more industrial modern look in your living room? An exposed brick wall can add the perfect touch to the design.

Are you the head of a busy family? Do you want to incorporate a stylish yet fully functional accent into one of your gathering spaces? A chalkboard wall accent is fun and versatile in so many ways. Create your calendars, to-do lists and so much more, or leave it bare as a clean black slate.

Whether you would like to showcase pictures of your family or prefer to display your favorite works of photography, a full gallery accent wall can turn heads in your home. This is one of many design ideas that can be used to tell a story in your living space and fill the room with love.

If you're looking for a fun accent wall idea for your home office or entryway, a bookshelf display across an entire wall is chic and sophisticated. This is a simple way to incorporate more wall decor or wall art into the scheme.

A fun and unique option for an accent wall in the bathroom or kitchen is a tile wall. You can match this vertical accent with the tile backsplash in either of these spaces, or you can go in with a completely different style.

How about an entertainment center wall? Do you want to incorporate an accent wall into one of your high traffic visiting spaces? Take up an entire wall with an entertainment center. You can build this directly into the wall to make the most of the space.

If you're a fan of art and want to incorporate a large piece of work into your home, install a paneled or hand painted mural wall. This is an impressive option that can bring your living space to life and make a memorable impression on your guests.

With so many different options for an accent wall, one might feel overwhelmed trying to choose the right style. Consider reaching out to a design professional for advice on where to get started with inspiration for your accent wall.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at trinette@coindceden.com.

Finalists Set For Chamber Awards

Finalists are set for the inaugural Greater Fort Myers Chamber of Commerce Awards to be held at Pelican Preserve Golf Club on Thursday, August 11 at 5:30 p.m. The finalists in the following categories include:

Small Business of the Year – Becker & Poliakoff law firm and Fort Myers Brewing Company

Large Business of the Year – Markham Norton Mosteller Wright & Company, PA and Sanibel Captiva Community Bank

Community Impact – Maggi Feiner (FISH of SanCap) and Teri Hansen (Priority Marketing)

Entrepreneur of the Year – Blake Renda (Dragon Horse Agency) and Troy Churchill (Cypress Living)

Nonprofit Excellence Award – Hope Healthcare and Pace Center for Girls, Lee

Young Professional of the Year – Andrea Smith (Goldstein, Buckley, Cechman, Rice & Purtz, PA) and Maria Espinoza (FISH of SanCap)

The program will feature an award ceremony and gourmet dinner to honor the finalists and name honorees for their impact. The awards ceremony will include an installation ceremony for the Chamber's 2022 board of directors, a Dessert Dash auction featuring an array of desserts made by local culinary and business teams and a last chance to enter the chamber's 144 Envelope Adventure with a variety of prize drawings.

Tickets are \$60 for individuals and \$110 for couples.

Event sponsors include: B2 Technology Solutions, Boston Red

Sox, Coca-Cola Beverages Florida, CopyLady, CONRIC PR and Marketing, Cypress Living, Dragon Horse Agency, Florida Weekly, Inceptus, Markham Norton, Mosteller Wright & Company, PA, M&M Multimedia, Posh Baby Equipment Rentals, Priority Marketing, Sanibel Captiva Community Bank, Solomon & Hoover CPAs and Southern Oak Wealth Management.

Pelican Preserve Golf Club is located at 9802 Pelican Preserve Boulevard in Fort Myers. To purchase tickets, or register for the 144 Envelope Adventure or Dessert Dash, visit www.fortmyers.org, call 332-2930 or contact Cameron Peden at cameron@fortmyers.org.

Early Voting Schedule For Primary Election

Early voting for the 2022 Primary Election in the State of Florida can begin as early as Monday, August 8. Early voting dates, times and locations will vary depending on where voters are registered.

In Lee County, one can vote August 13 to 20 from 10 a.m. to 6 p.m. daily.

Locations include:

Cape Coral-Lee County Library – 921 SW 39th Terrace, Cape Coral;

Dr. Carrie D. Robinson Center – 2990 Edison Avenue, Fort Myers;

East County Regional Library – 881 Gunnery Road North, Lehigh Acres;

Estero Recreation Center – 9200 Corkscrew Palms Boulevard, Estero; Fort Myers Regional Library – Voting room address: 1651 Lee Street, Fort Myers; Library address: 2450 First Street, Fort Myers;

Lakes Regional Library – 15290 Bass Road, Fort Myers;

Lee County Elections Bonita Springs Branch Office – 25987 South Tamiami Trail #105, Bonita Springs;

Lee County Elections Cape Coral Branch Office – 1039 SE 9th Avenue, Cape Coral;

Lee County Elections Center – 13180 South Cleveland Avenue, Fort Myers;

North Fort Myers Recreation Center – 2000 North Recreation Park Way, North Fort Myers;

Northwest Regional Library – 519 Chiquita Boulevard North, Cape Coral; Riverside Community Center – 3061 East Riverside Drive, Fort Myers; and

Veterans Park Recreation Center – 55 Homestead Road South, Lehigh Acres

Voters can also drop off their Vote-by-Mail ballot at a Secure Ballot Intake Station located at early voting sites during the early voting period in their county.

In order to participate in this election, residents must have registered to vote in Florida by July 25.

For more information about early voting, Secure Ballot Intake Station locations, or the Primary Election, visit www.lee.vote or call 533-8683.

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Frankly Speaking



by Howard Prager

Have you ever heard of an immaculate inning? I hadn't until Reid Detmers of the Los Angeles Angels threw one in the second inning Sunday against the Texas Rangers. What is it?

Striking out the side with the minimum nine pitches. If you'd say that must not happen much, you'd be wrong. Ten times since 2020, although no immaculate innings were thrown from 1929-1953. Remarkable, isn't it? Deitmers did more than that however. He is only the third pitcher in major league history to throw both a no hitter and an immaculate inning in the same season, and the first rookie to do so. He joins pitcher Mike Fiers and Hall of Famer Sandy Koufax as the only pitchers to throw both in a season. And if you want to throw an immaculate inning, be sure the Rangers are on your schedule. They've had it happen against them three times this season already.

London's Wembley Arena. Sight of many great sporting events and concerts, from Live Aid in 1985 to the 2012 Olympics, from the 2019 reunion of the Spice Girls to the Women's Soccer (Football) Euro championship 2022. Pardon me? Yes, it was a classic game with England winning. From *The Guardian*, "The last time England's men lifted a major trophy, the 1966 World Cup, women were banned from playing competitive football in any form. Now, against the same opponents in the same stadium, English football – all of it, not just

half – has ascended to the very top step of the podium." England defeated Germany 2-1 and became champions of Europe for the first time. "This is a team adored and revered in equal measure, relatable and humble but primarily athletes of the most viciously competitive quality. It is a team of many stars and none: world-class in their positions but ultimately submitting their talent to the collective in the way of all great teams. They play with verve and pace and guts and celebrate the same way any of us would. In Sarina Wiegman, they have a coach whose tactical nous and nerveless temperament has allowed a golden generation of footballers to take the leap that eluded so many of their predecessors." A well-deserved congratulations (and you should see the way they celebrated afterwards in a song and a samba line).

On the subject of women and firsts, the Las Vegas Raiders (strange to even type that) has another NFL first, the first black woman to hold the position of team president. Sandra Douglass Morgan is the third woman and third African-American to become president of an NFL franchise. Prior to this, Morgan was the chairwoman of the Nevada Gaming Control Board and city attorney for North Las Vegas. "I'm just really, really lucky to have this opportunity and hopefully open doors for many other women and women of color in leadership roles in sports," she told ABC News.

On the other side of the ball, ESPN reported that "Cleveland Browns quarterback Deshaun Watson will serve a six-game suspension without pay but will not be fined for violating the league's personal conduct policy following accusations of sexual misconduct, disciplinary officer Sue L. Robinson ruled Monday. She wrote that the NFL recommended Watson be suspended for the entire 2022 regular season and

postseason. In a statement Sunday night, the union made it clear that it will "stand by" her decision and urged the NFL to do the same. The league said it was determining its next steps. Robinson ruled that Watson is "to limit his massage therapy to club-directed sessions and club-approved massage therapists for the duration of his career, and so impose this mandate as a condition to his reinstatement." She also ruled that Watson is "to have no adverse involvement with law enforcement, and must not commit any additional violations of the policy." Too strict or not enough? It seems that the NFL doesn't come down hard enough on sexual abuse, but without any criminal charges against Watson, I'm not sure what any sports league should do. Robinson followed previous NFL suspension precedents. Hard to argue with precedent, but personally I'm glad the other stipulations are in the sentence. Let's hope Watson can follow them.

The sports world as well as so many others mourn the loss of NBA great Bill Russell. *The Boston Globe* wrote "Never could enough be said about Bill Russell, a man we mere mortals considered indispensable. A man we thought would live forever, sharing stories with his bushy gray beard and cackling laugh. A man who impacted generations because he appreciated those who came after him. He admired their games, presented them with awards, appreciated their physical prowess. But never once did Russell believe he couldn't shut any of them down. Never once did Russell believe any of those big men, who may have earned hundreds of millions more than him, would ever be able to score on him, or outwork him, or screen him from a rebound. Or, most importantly, stop him from winning. Russell was the ultimate winner. There are those who scored more

points, pulled down more rebounds, or even blocked more shots, but Russell's records were on the scoreboard. And a man who accomplished so much success on the floor had the guile, poise, and patience to be a leader off the floor despite the racism, despite the outright hatred he endured in some cities, even at home. And overlook that Russell was the first Black professional head coach of any major North American sport; that he won two championships as a player-coach; that he made the smooth transition into television and that he personified class and grace, and perseverance in a time when Black achievement was notoriously difficult. Russell should be remembered as more than a Celtic, more than an 11-time champion, more than a civil rights pioneer. As someone who eradicated barriers, erased stereotypes and removed perceptions with his brilliance, his class, his strength and his stubbornness." One example of Russell standing up? He would not play a game in a town that did not allow Black players to eat at the same restaurant as the team. A giant in many ways.

Speaking of giving, here's a short good news story of the week involving Eagles wide receiver A.J. Brown. Just before training camp opened, Brown stopped into a team merchandise store in Cherry Hill, N.J. to see if his jerseys were there. They were. And then Brown bought his jersey for everyone in the store. "I just wanted to show love" Brown said. Indeed he now has fans who love him, and will be wearing his jersey.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.✧

New Tool Helps Electric Vehicle Drivers Plan Trips

Florida Power & Light Company (FPL) recently launched a must-have road trip tool for electric vehicle (EV) drivers. Designed to map out statewide road trips, including where to charge up using FPL's EVolution public

charging network, people who own or rent EVs can travel with confidence. The new, interactive website allows drivers to plan trips along FPL's "EV Expressway," selecting from pre-planned summer itineraries or creating their own customized adventure. FPL EVolution is poised to be the largest EV public charging network in the state, installing more than 1,000 charging ports at more than 200 locations along major highways and at popular destinations, with more

to come. "With prices at the pump continuing to rise, driving electric is more attractive than ever," said Crystal Stiles, executive director of development, distributed technologies and mobility at FPL. "FPL's EV Expressway makes it simple for drivers to map out their travel plans with peace of mind, so they can reach their destinations and always have convenient charging locations along the way."

FPL's EV Expressway features pre-planned itineraries with a variety of destinations and attractions EV enthusiasts can enjoy, whether traveling with their partner, friends or family. A sample itinerary from Naples to Sarasota includes:

- Day one
 - Start the day at Naples Zoo at Caribbean Gardens, where you'll park under an FPL SolarNow solar canopy, and enjoy a breezy lunch
 - Explore Venice's historic downtown and recharge in Centennial Park
 - Check in to Legacy Hotel at IMG Academy and charge while you rest
 - Day two
 - Soak up the sun and enjoy breakfast at the City of Holmes Beach
 - Refresh and check out of hotel
 - Explore MOTE Marine Laboratory & Aquarium in Sarasota while you recharge
- Additional travel itineraries along FPL's EV Expressway include St. Augustine to

Sunny Isles, Boynton Beach to Melbourne and more.

With FPL's EVolution fast charging network, drivers can power up approximately every 25 miles along major highways such as Florida's Turnpike, I-95 and east-west corridors. Fast charging stations are located in convenient, safe spots near highway exits or along major thoroughfares, and close to amenities that drivers can enjoy while powering up. Chargers are compatible with most types of EVs, including Teslas. Level 2 chargers can be found at popular destinations around town such as museums and zoos.

FPL remains committed to a more sustainable future through the electrification of transportation in Florida – a state that is currently ranked second in the nation for electric vehicle ownership. The FPL EVolution public charging network, which launched in 2019, is designed to build out the charging infrastructure necessary to boost mass adoption so more Floridians can enjoy the benefits of driving electric.

To create your own travel plan or view curated road trip itineraries on FPL's EV Expressway, visit FPL.com/EV. Drivers can also download the FPL EVolution app to find the closest charging station, discover nearby amenities and check port availability.✧

SPORTS QUIZ

1. What sports event was founded by Eunice Kennedy Shriver and first took place in Chicago in 1968?
2. The Metrodome in Minneapolis was named in honor of which U.S. politician?
3. What brand of tennis ball has been used at the Wimbledon Championships since 1902?
4. Former NBA player and coach Reggie Theus had his No. 23 jersey retired by what college basketball team?
5. The annual rematch game between the CFL's Saskatchewan Roughriders and Winnipeg Blue Bombers is known by what nickname?
6. What was the name of the dog who found the FIFA World Cup's Jules Rimet Trophy after it had been stolen in London in 1966?
7. In July 1977, what NBA franchise held a telethon for season-ticket pledges in order to save the team from being sold?

ANSWERS

1. The Special Olympics World Games. 2. Hubert H. Humphrey. 3. Slazenger. 4. The UNLV Runnin' Rebels. 5. The Banjo Bowl. 6. Pickles. 7. The Indiana Pacers.

Doctor and Dietician

National Oyster Day And Ways To Prepare Them



by Ross Hauser, MD
and Marion Hauser, MS, RD

Who knew? August 5 each year honors oysters for National Oyster Day. Some view oysters as slimy bottom-dwelling-scum suckers while others enjoy the delightful bites of pure ocean brine. We are huge fans of oysters. Having hailed from the Midwest, we never really experienced their awesomeness until we came to Southwest Florida. It is a definite favorite when

eating at many of our local restaurants such as Lazy Flamingo, The Timbers, Doc Ford's, Blue Lagoon and Lighthouse Restaurant.

Let's look at these chewy bites of the ocean. Oysters have been around for ages with fossils dating back to our first inhabitants of the earth. They have been a food source for about that long as well, since archeologists found evidence of people from coastal regions tossing them in the fire to open and then consuming them. (We recently talked to an older gentleman at a wedding who said he just finished eating a bushel of oysters that he "threw on the grill" to pop open – who knew?)

A little more history – between the 18th and 19th centuries, the world entered "the Golden Age of Oysters," with a surge in oyster production, making them cheaper to produce and thus more available to the general population. In the 19th century, New York gained title as the world's largest producer of oysters and is tied directly to the boom of the New York restaurant industry. Unfortunately, New York's oyster beds were destroyed, and they became more of a delicacy as a result. Whew... so interesting.

Are oysters good for you? Commonly eaten raw with a squeeze of lemon juice

and a dip in horseradish and cocktail sauce, these salty delicacies are low in calories and are a good source of Vitamins B12 and D, as well as iron and a number of minerals and micronutrients. Thus, oysters are good for brain health, strong bones and improved immunity.

Consuming oysters raw is not without risk obviously. Food poisoning is a concern, therefore only order oysters from reputable sources where you know they are fresh. Those who are more susceptible, such as those fighting infection, cancer, diabetes, or liver disease, should probably avoid eating them raw.

However, oysters can be prepared a number of different ways other than the standard "raw on the half shell." Here are some other ways to eat these delicious little creatures:

Grilled oysters – Toss some on the grill and watch them open. Serve with your favorite oyster toppings such as cocktail sauce and horseradish or vinegar and caramelized onions.

Oysters Rockefeller, known as the classic – Cook finely chopped celery, onion and parsley in butter, with 1 tbsp. Worcestershire and ½ tsp. tabasco added, followed by 1 cup of breadcrumbs (we use gluten free) and a splash of Pernod. Oysters are topped with the chilled

breadcrumb mixture and baked for five to eight minutes in a 375-degree oven.

Oyster shooters are another fun way to serve oysters and look great in cute shot glasses – Simple to make... just add the shucked and dried oyster to a shot glass and top with 1 tsp of cocktail sauce and horseradish. Some like to add a little vodka or lemon spritz as well.

Sauteed oysters with wine and herbs is a lovely way to make a beautiful appetizer or a light meal – For two dozen oysters, melt ½ cup butter, add 3 chopped green onions, saute, add 1 tsp. tarragon and ¼ cup dry white wine and salt and pepper to taste. Add shucked oysters and cook for about two to three minutes. Toss in the sauce and serve with crusty toast, crackers, or as is. Garnish with chopped parsley and lemon.

There you have it. We hope you are encouraged to celebrate National Oyster Day and try some of these recipes at home or at some of our local favorite restaurants. Cheers!

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

dearRPharmacist

Weird Reasons For Hiccups; Potential Cures



by Suzy Cohen, RPh

Dear Readers: For most of you, hiccups happen for a few minutes and resolve on their own. Most of the time, it happens because you've swallowed

too much air while drinking or eating. Or maybe you've had a beer, or soda pop, or went from a warm house into the freezing cold. These are all causes for hiccups.

Either way, these short-term hiccups go away on their own. But what if they didn't stop for days or weeks at a time? One man had hiccups for 20 years before he found resolution.

Having hiccups for a long time will cause malnourishment, dehydration, mental stress, chest pain, abdominal discomfort and problems in your relationship... not to mention you can't speak properly anymore.

If you have been experiencing hiccups for a while, I'm sure you've seen your doctor. If you have not, then that is number one 1 on your to-do list. The reason is that your physician cannot effectively treat you unless the cause is known. Next, jot down all your medications. Don't forget anything. For example, you may have had a lumbar injection for your sciatica or dental work. Include all the medications and treatments in the prior seven days and share this with

your physician.

A handful of medical causes for intractable hiccups traditionally teased out include diabetes, brain tumors, gastrointestinal reflux, spinal cord infections and chest trauma. But it's the less frequent causes that I'm writing about today.

Here are five weird reasons for persistent hiccups:

1. Steroid use – Medications taken orally (or by injection) that belong to the corticosteroid category can trigger long-lasting hiccups. Of the medication category, dexamethasone is the worst offender.

2. Thyroid Nodules or Goiters – You may not even realize you have a thyroid problem, because tests are not always conclusive. And with hiccups, doctors don't automatically look at your thyroid, it is simply that unusual. So, I'm listing this because goiters, nodules and hyperthyroidism can lead to intractable hiccup episodes.

3. Pericarditis – This is inflammation of the heart tissue which can cause not only persistent hiccups, but many other symptoms like weakness, fatigue, heart palpitations, shortness of breath and leg swelling.

4. Shingles – At times, people have been known to have a prodromal warning of the onset of herpes zoster which causes shingles.

5. Medications – Many prescribed and over-the-counter medications can lead to intractable hiccups. These include tranquilizers, medications for mental health, antihistamines and some blood pressure pills.

As you probably already know, short-term hiccups can be received by holding your breath for a few seconds or drinking some water. But these tricks don't work for intractable hiccups. Oftentimes, medication is needed, and we have several

options that your doctor can prescribe. These include risperidone, gabapentin, phenytoin and baclofen. I have a much more comprehensive article on this topic that includes more bizarre causes for hiccups. That is available at www.suzycohen.com.

www.suzycohen.com.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is author of The 24-Hour Pharmacist and a registered pharmacist. Visit www.SuzyCohen.com.**

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Gulf Coast Symphony 489-1800
Harmony Chorus, Charles Sutter, Pres 481-8059
Naples Philharmonic 239-597-1111
The Schoolhouse Theater 472-6862
SW Florida Symphony 418-0996
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Young Artists Awards 574-9321

CLUBS & ORGANIZATIONS
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Angel Flight 1-877-4AN-ANGEL
Animal Refuge Center 731-3535
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Cape Coral Stamp Club 542-9153
duPont Company Retirees 454-1083
Edison Porcelain Artists 415-2484
Embroiderers Guild of America - Sea Grape Chapter 239-267-1990
FM UDC Chapter 2614 728-3743
Friendship Force Of SW FL 561-9164
Garden Club of Cape Coral 239-257-2654
Lee County Genealogical Society 549-9625
Lee Trust for Historic Preservation 939-7278
Miata Club of SW Fla <https://miataclubofsouthwestflorida.com/>
Navy Seabees Veterans of America 731-1901
Paradise Iowa Club of SWFL 667-1354
Sons of Confederate Veterans 332-2408
Southwest Florida Fencing Academy 939-1338
Southwest Florida Music Association 561-2118
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Kiwanis Fort Myers Edison 694-1056
Kiwanis Fort Myers South 691-1405
Iona-McGregor 482-0869
Lions Club Fort Myers Beach 463-9738
Lions Club Fort Myers High Noon 466-4228
Lions Club Estero/South Fort Myers 898-1921
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Organ Transplant Recipients of SW Florida 247-3073
POLO Club of Lee County 477-4906
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True Tours 945-0405

To be listed in calling card email your information to:
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PUZZLES

Answers on page 23



We won't be bothered with this bill anymore.
This is their _____ notice. "

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Alone
GLISEN
Compare
NIKEL
Hunt
CHASER
Jungle
SOFTER

TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Corsage is smaller. 2. Bracelet is missing. 3. Tie is moved. 4. Star is moved. 5. Moon is different. 6. Um is different.

	2				6	1		3
			1		5			7
4				9			8	
6		2	5					9
	5			7			1	
8					3	6		
	3		4			8		
		9		6			5	
7			8		1			2

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword MAKE JOKES

- ACROSS
- 1 Yearned (for)
7 Zion National Park locale
11 Fracas
14 Domino's order
19 Colorado River tribe
20 Quarterback Tony
21 Bible book after Exod.
22 PC letter
23 Bought an expensive Camaro?
26 Desert plants
27 "— all true!"
28 Hit the slopes
29 Crooning while standing atop a Rio?
31 Glimpses
33 Large African antelope
36 Pianist Schiff
37 Request to your Accord when you need to get somewhere in a hurry?
42 Triton's realms
43 Snake noise
47 — Lingus
48 Traffic jam
50 Funny
52 Color ranges
- 56 City where the Model 3 is produced?
59 Adjust
60 Land in eau
62 Raggedy —
63 Tripled trio
64 Why you don't want to give up your beloved Q7?
70 Has food
71 Sparkly stone
72 From long ago: Abbr.
73 Once-big news agcy.
74 "Silkwood" co-star
78 Declaration when a Regal stalls in traffic?
82 VIP roster
86 London loc.
87 Clink dweller
88 Shire of "Rocky"
89 Charger being dismantled for scrap metal?
94 Permitted
96 San — (city WSW of Sacramento)
97 Unceasingly
99 Up to, in brief
100 Pace
101 Don of talk radio
- 104 Things provided by joyrides in a Grand Cherokee?
109 Crude shed
111 Knightly title
112 Caulk, e.g.
113 Action words used in Continental ads?
119 Forest hooter
122 Rapa — (Easter Island)
123 Large city in Nebraska
124 Put a wheel boot on a Mustang?
128 Cato's language
129 Ocean east of Fla.
130 Burn balm
131 Main course
132 Nerve cell projections
133 Pekoe, e.g.
134 Oxen connector
135 Vocalizes Alpine-style
- 6 Pack of cards
7 Suffix with depart
8 "Mazel —!"
9 Schumer and Sedaris of comedy
10 Pueblo tribe
11 Trues up
12 Make a choice
13 Pull-out part of a range
14 — Bill (Old West folk hero)
15 Somalian supermodel
16 Astros pitcher
17 Rigatoni relative
18 Et — (and more)
24 Lofty
25 Stranded cellular stuff
30 NBAer Pau
32 Gap-creating gizmos
34 NSFW part
35 Joins up
38 D.C. subway
39 Goof up
40 65% or so, gradewise
41 Vienna's nation: Abbr.
43 Cracker brand of old
44 Holy likeness
45 Equivalent
- 46 Louver piece
49 Physics Nobel
51 — -pedi (spa option)
52 NSFW part
53 "Guilty," e.g.
54 Louisiane, par exemple
55 Mann of pop
57 "Gemini Man" director Lee
58 Acting instinctively, informally
61 Long- — (rangy)
65 E followers
66 Capital of South Vietnam
67 "Ltd." cousin
68 Winning by a point
69 Salsa, say
74 White wine
75 Fiery realm
76 Pennsylvania city
77 Use a book
78 Texter's "clao"
79 Sturm — Drang
80 Backdrops
81 Flight unit
82 Slightly open
83 Moon, in Italy
84 Research ctr.
85 — -Ball
90 "Entrapment" director Jon
- 91 Headwear in the title of the first Ellery Queen mystery
92 FBI's govt. division
93 "Gosh!"
95 — degree
98 Print quality abbr.
102 Gen. Assembly procedure for a resolution
103 McCartney of fashion
105 Medium gait
106 "The Raven" maiden
107 Hardy's pal
108 Declines
109 Bank offers
110 Munic. law
113 Dancer
Falana
114 Huge-screen format
115 Defense gp.
116 Facial feature
117 Yrly, gift-giving occasion
118 Aviate alone
120 Milk serum
121 Jokey Jay
125 Asian pan
126 Born, to Fifi
127 Co. bringing bouquets

1	2	3	4	5	6		7	8	9	10		11	12	13		14	15	16	17	18	
19							20					21				22					
23							24					25					26				
27					28					29						30					
31			32				33	34	35			36									
37					38	39				40	41		42					43	44	45	46
				47				48				49			50		51				
52	53	54					55		56				57	58							
59							60	61				62					63				
64						65				66	67				68	69					
70						71				72				73				74	75	76	77
						78				79				80			81				
82	83	84	85					86					87				88				
89							90	91				92	93			94	95				
96										97					98		99				
100							101			102	103		104				105				
							109						110			111			112		
113	114	115	116									117	118			119	120	121		122	
123								124							125	126			127		
128								129				130					131				
132								133					134				135				

King Crossword

- ACROSS
- 1 Sharp turn
4 Help a crook
8 Feudal slave
12 — bind
13 Put on
14 Tow
15 Up to
16 Taj Mahal city
17 Canadian gas brand
18 Gorgonzola, for one
21 Hairy Addams cousin
22 Bit of advice
23 Forgeries
26 Clear the deck?
27 Melancholy
30 Incursion
31 Ruin the veneer
32 Robust
33 Thanksgiving veggie
34 Prom rental
35 Washer phase
36 Droop
37 Abysmal
38 Brunch entree
45 Heap
46 Roll call reply
47 Literary collection
48 On the briny
- 49 Hurler
Hershiser
50 Book-spine abbr.
51 "— the Knife"
52 Tiny amounts
53 Request
- uct
8 Bo Peep's charges
9 Lighten
10 Senator
Feingold
11 Drifting ice
19 Fibbed
20 Trendy
23 Saute
24 Bond rating
25 Kipling lad
26 Upper limit
27 Pouch
28 100 percent
29 Scottish river
31 Hood's photo
- 32 Jekyll's bad side
34 — chi
35 Caravan mammals
36 Sly one
37 Yawning, maybe
38 Pesky email
39 Tower city
40 Sir Guinness
41 Wife of Zeus
42 Volcanic flow
43 Eve's grandson
44 Chat

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16					17			
18				19					20			
				21			22					
23	24	25				26			27	28	29	
30					31				32			
33				34					35			
				36			37					
38	39	40				41				42	43	44
45						46				47		
48						49				50		
51						52				53		

MAGIC MAZE

UNITED STATES ATTORNEYS GENERAL

C G A X V S Q O L J H E C A X
V T O R P H N (K E N N E D Y) L
J H F N D B G T B L Y X V T R
P O M K Z I R R F M D G E R D
B Z X W U A A A U O T D Y R R
H Q O N P D L K N B R E I A L
J C I A F G A E F D N C T B D
C S N O I S S E S K O R H A Y
X O R Y E W V T N N I L O S S
B D R Y L P O I E W N L P H A
K J I G F E P R R E D L O H T

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: FIRST FEMALE JANET —

- Ashcroft
Barr
Biddle
Bonaparte
- Bradford
Gonzales
Holder
Kennedy
- Lynch
Mukasey
Pinkney
Randolph
- Sessions
Thornburgh
Wirt



Orange Glazed Shrimp



- Orange Glazed Shrimp**
- 1 ½ pounds pink shrimp, peeled and deveined
 - 2 cups orange juice
 - 1 teaspoon sesame oil
 - 1 teaspoon low-sodium soy sauce
 - 1 teaspoon hot pepper, finely chopped
 - 1 tablespoon garlic, minced

photo courtesy Fresh From Florida

2 tablespoons parsley, finely chopped
Sea salt and fresh ground pepper, to taste
In a large skillet over medium-high heat cook orange juice, soy sauce, sesame oil, and garlic until liquid has reduced by half. Add pink shrimp and cook approximately 6 to 8 minutes or until shrimp are opaque in the center and liquid thickens again. Add chopped pepper and mix well, taste and adjust seasoning as needed. Garnish with chopped parsley and serve immediately. ✨

My Stars ★★★★★
FOR WEEK OF AUGUST 1, 2022

- Aries** (March 21 to April 19)
A misunderstanding tests the temperament of the sometimes headstrong Aries. But instead of blowing your top, take time for a pleasant diversion while things cool down.
- Taurus** (April 20 to May 20)
A workplace problem could make the divine Bovine see red. But talk it out before you consider walking out. Some surprising facts emerge that change your earlier focus.
- Gemini** (May 21 to June 20)
You face a choice between ignoring your uneasy feelings about your relationship with that special person and demanding explanations. A close friend offers wise counsel.
- Cancer** (June 21 to July 22)
A change you'd been hoping for carries an unexpected complication. Stay the course, and things will work themselves out. Be sure to make time for family and friends.
- Leo** (July 23 to August 22)
Aspects favor spending time with loved ones. On the job, new ideas are generally

- welcomed. But some demands for changes could cause problems. Be ready to defend your choices.
- Virgo** (August 23 to September 22)
Good news: That workplace problem is close to being resolved with results that should please everyone. Take time off to indulge your love of fun and games.
- Libra** (September 23 to October 22)
Most of the time, you are the most unflappable person around. But be ready to be thrown off-balance in the nicest way when Cupid takes aim in your direction.
- Scorpio** (October 23 to November 21)
It's not often when someone tries to "sting" the sharp-witted Scorpion. But it can happen. Continue to be skeptical about anything that seems too good to be true.
- Sagittarius** (November 22 to December 21)
Your strong sense of self-esteem helps you serve as a role model for someone who needs personal reassurances. Your efforts pay off in an unexpected way.
- Capricorn** (December 22 to January 19)
Someone close considers revealing a painful secret. Withhold any judgment. Instead, open your generous heart and offer dollops of your love and

PETS OF THE WEEK



Damaris ID# A921376 photos provided
Lee County Domestic Animal Services

Damaris
And Bryan

Hello, my name is Damaris. I am a brindle 4-year-old male hound mix. IComments: I am eagerly waiting for my furever family. I am a cell dog graduate from the Lee County Sheriff's Office Cell Dog Program. I know a thing or two about obedience, and I listen like a good boy. I am a nice mid-sized dog that will fit nicely in any home.
My adoption fee is \$95... cell dog adoption fees are not reduced.
Hi, I'm Bryan. I am a gray tabby 3-month-old male domestic shorthair. How can you resist the cuteness in



Bryan ID# A926143

this itty bitty kitty? I will amuse and entertain you with my playful antics and then snuggle up with you for nap time. Take advantage of the adopt one, get a feline friend at no additional fee and you can have twice the unconditional love.
My adoption fee is \$20 and you get a feline friend at no additional cost.
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387. ✨

- understanding.
- Aquarius** (January 20 to February 18)
Your talents as a peacemaker are called upon once more, as an old problem re-emerges with new complications. Move cautiously in order to avoid falling into hidden traps.
- Pisces** (February 19 to March 20)
The artistic side of yourself is enhanced with the reception given to your new project. Use this success as encouragement toward fulfilling your larger goals.
- Born This Week:** Your natural sense of leadership is combined with a deep sense of responsibility. People trust you to give them both guidance and understanding.

MOMENTS IN TIME


- Swamp Fox**, lure British commander Maj. Thomas Fraser and his 450 soldiers into an ambush at Parker's Ferry, near Charleston, South Carolina. Marion had earned his nickname for his ability to "outfox" his opponents in the swamps of the South Carolina backcountry.
- On Aug. 9, 1936, at the Berlin Olympics, African American track star Jesse Owens wins his fourth gold medal of the Games in the 4 x 100 meter relay. His relay team set a new world record of 39.8 seconds, which held for 20 years.
 - On Aug 8, 1945, President Harry S. Truman signs the United Nations Charter, and the United States becomes the first nation to complete the ratification process and join the new international organization. Although hopes were high at the time that the United Nations would serve as an arbiter of international disputes, Truman did not even use one of the ceremonial pens to sign, instead opting for a cheap 10-cent desk pen.
 - On Aug. 12, 1953, less than one year after the United States tested its first hydrogen bomb, the




FRIDAY
Partly Cloudy
High: 91 Low: 80



SATURDAY
Partly Cloudy
High: 92 Low: 84




SUNDAY
Partly Cloudy
High: 90 Low: 80




MONDAY
Cloudy
High: 88 Low: 81



TUESDAY
Mostly Cloudy
High: 90 Low: 80



WEDNESDAY
Sunny
High: 91 Low: 83



THURSDAY
Sunny
High: 89 Low: 79

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	6:39 am	12:00 am	8:44 pm	1:54 pm	Fri	5:44 am	12:02 am	7:49 pm	1:56 pm	Fri	6:14 am	12:16 am	7:46 pm	1:28 pm	Fri	8:49 am	3:16 am	10:54 pm	5:10 pm
Sat	7:24 am	12:28 am	None	3:20 pm	Sat	6:29 am	12:30 am	None	3:22 pm	Sat	6:40 am	12:38 am	8:45 pm	2:33 pm	Sat	9:34 am	3:44 am	None	6:36 pm
Sun	8:19 am	4:39 pm	None	None	Sun	7:24 am	4:41 pm	None	None	Sun	7:18 am	1:00 am	9:59 pm	3:40 pm	Sun	10:29 am	7:55 pm	None	None
Mon	9:24 am	5:48 pm	None	None	Mon	8:29 am	5:50 pm	None	None	Mon	8:06 am	1:22 am	None	4:58 pm	Mon	11:34 am	9:04 pm	None	None
Tue	10:34 am	6:47 pm	None	None	Tue	9:39 am	6:49 pm	None	None	Tue	9:07 am	6:22 pm	None	None	Tue	12:44 pm	10:03 pm	None	None
Wed	11:40 am	7:37 pm	None	None	Wed	10:45 am	7:39 pm	None	None	Wed	11:24 am	7:33 pm	None	None	Wed	1:50 pm	10:53 pm	None	None
Thu	3:28 am	5:23 am	12:41 pm	8:21 pm	Thu	2:33 am	5:25 am	11:46 am	8:23 pm	Thu	4:12 am	6:38 am	12:59 pm	8:31 pm	Thu	5:38 am	8:39 am	2:51 pm	11:37 pm

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The New Math:
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That's right! The Harry Chapin Food Bank can find, rescue, transport and distribute \$8 of nutritious food for every \$1 you donate. This turns your \$20 gift into 80 meals for a family!

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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

Harry Chapin Food Bank
OF SOUTHWEST FLORIDA

Donate Blood

Lee Health is seeking blood donations to help replenish supply levels. For more information, visit www.leehealth.org/our-services/blood-centers.✱

From page 20

Moments In Time

Soviets detonate a 400-kiloton device in Kazakhstan. Known as the *Layer Cake*, the bomb was fueled by layers of uranium and lithium deuteride, a hydrogen isotope.

• On Aug. 11, 1973, *American Graffiti*, a nostalgic coming-of-age tale steeped in the car-centric culture of suburban California, is released in theaters. The movie went on to become a sleeper hit.

• On Aug. 14, 1985, Michael Jackson takes control of the publishing rights to the vast majority of the Beatles' catalog for \$47 million, outbidding Paul McCartney himself. In the years afterward, the catalog was estimated to be worth in excess of \$1 billion.

NOW HERE'S A TIP

• “When painting, write the name and brand of paint under the room’s

light switch plate. If you ever need to go out and buy more, you will know where to start.” – RK in Montana

• My family has always used mayonnaise as a salve on minor burns. I heard you can use toothpaste too. – Sam P. via e-mail

• Add these to the list of items to eliminate the odor of cooking cabbage: a heel of bread, a whole walnut or a pinch of baking soda.

• To travel with pleated skirts, use this packing trick: Turn the skirt inside out and straighten all the pleats. Then tape the bottom so that all the pleats are held together. Next, feed the skirt into a leg of pantyhose with the foot cut off. You end up with a nice tube, which you can tuck into the sides of your luggage.

• When traveling for more than a few days, stick your plants into the bathtub with a little bit of water. They soak it up, and you don’t have to have someone come over and water your plants. This will only work for a week or less, though.

– John McF. of Baton Rouge, Louisiana
• I keep grocery lists on my computer. When I am going to go shopping, I print out the list and fold the paper in half. Then I slip my coupons into the fold. Keeps them handy when I am shopping. – Reader in Maryland

STRANGE BUT TRUE

• The Psychotria elata flower, also affectionately known as the *hot lips plant*, which grows in the rainforests of Central and South America, resembles a puckering mouth covered in lipstick.

• After losing a drunken poker bet in 2009, a New Zealand man had his name legally changed to “Full Metal Havok More Sexy N Intelligent Than Spock And All The Superheroes Combined With Frostnova.” After five years, the new moniker was finally approved by the government, and all 99 characters are on his passport.

• In Oklahoma, it is illegal to wear boots to bed (but shoes are ok).

• According to a 2014 survey by the Christian retailer LifeWay, seven percent of Christian Americans pray for a parking spot.

• In 1956, four men on a boat off the coast of Cornwall threw explosives at a shark to kill it, or at least scare it away from divers, but the plan partially backfired, killing two of the men and injuring the others when the shark headed for them instead with an explosive device on its back.

• *Ouijazilla*, in Salem, Massachusetts, holds the unofficial title of the “World’s Largest Ouija Board” at 3,168 square feet and approximately 9,000 lbs.

• Charlie Daniels objected to the use of *The Devil Went Down to Georgia* in the Guitar Hero III video game because it was possible for the player to lose to a devil-like character, which “perverted” his song.

• No matter what it might feel like, to the contrary, when you’re suffering from one, the majority of microbiologists say viruses are not actually alive, as they produce no energy and can only reproduce when inside a living creature.

THOUGHT FOR THE DAY

“It isn’t the mountains ahead to climb that wear you out, it’s the pebble in your shoe.” – Muhammad Ali

TRIVIA TEST

1. **Geography:** What is the largest island in Canada?
2. **Movies:** What is the name of the bully neighbor boy in Disney’s “Toy Story”?
3. **Language:** What is a cruciverbalist?
4. **Television:** Which TV sitcom character calls his son-in-law “Meathead”?
5. **History:** What is the Danegeld, a tax levied in Anglo-Saxon England from the ninth through 11th centuries?
6. **Music:** Which pop music band was

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HELP WANTED

OFFICE ADMINISTRATOR WANTED
Royal Shell is seeking a Director of First Impressions for our busy real estate office in Sanibel Island. In this role, you will direct incoming calls, assist the Office Manager and agents with administrative duties. Administrative experience in a real estate office and with MLS is preferred. You must be professional in appearance and demeanor, and have excellent computer and communication skills. A Florida Real Estate license and Notary Public are a plus. Pay is based on experience. Email resume to resumes@royalshell.com
7/15 ✱ TFN

CAREGIVER
We are seeking a caregiver for an elderly woman with experience, for two 24 hour shifts every other week and PRN (as needed). Must be caring and compassionate, and able to complete personal care tasks like bathing, dressing, eating, grooming and daily med intake. Also assist with physical transit.
Contact Lisa 239-395-0153.
1/21 ✱ TFN

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Sanibel Sole is seeking an additional sales associate to join our great team! We have expanded in the Tahitian Gardens plaza and offer a wide variety of clothing and footwear. We offer competitive wages, benefits, and perks. No evenings required. Please email a resume to sanibelsale@gmail.com.
4/22 ✱ TFN

ISLAND PRESCHOOL TEACHERS
The Children's Education Center of the Islands (CECI) is looking for part-time or substitute preschool teachers for its nature themed education program. Potential for full-time growth possible. Flexible hours. Competitive salary. Tolls paid. Please call Nita at 239-472-4538.
10/22 ✱ TFN

PSA

AL-ATEEN HELP LINE
Are you concerned with a friend or family member's drinking?
Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org.
4/24 ✱ TFN

Shore Fishing:



Don't Harm The Fish
by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

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- the first to appear on children's lunchboxes?
7. **U.S. Presidents:** Which president is linked to the teddy bear?
8. **Animal Kingdom:** How big are baby kangaroos when they're born?
9. **Famous Quotes:** Which 19th-century author and philosopher once said, "One must maintain a little bit of summer, even in the middle of winter"?
10. **Ad Slogans:** Which product's advertising slogan is "Obey your thirst"?

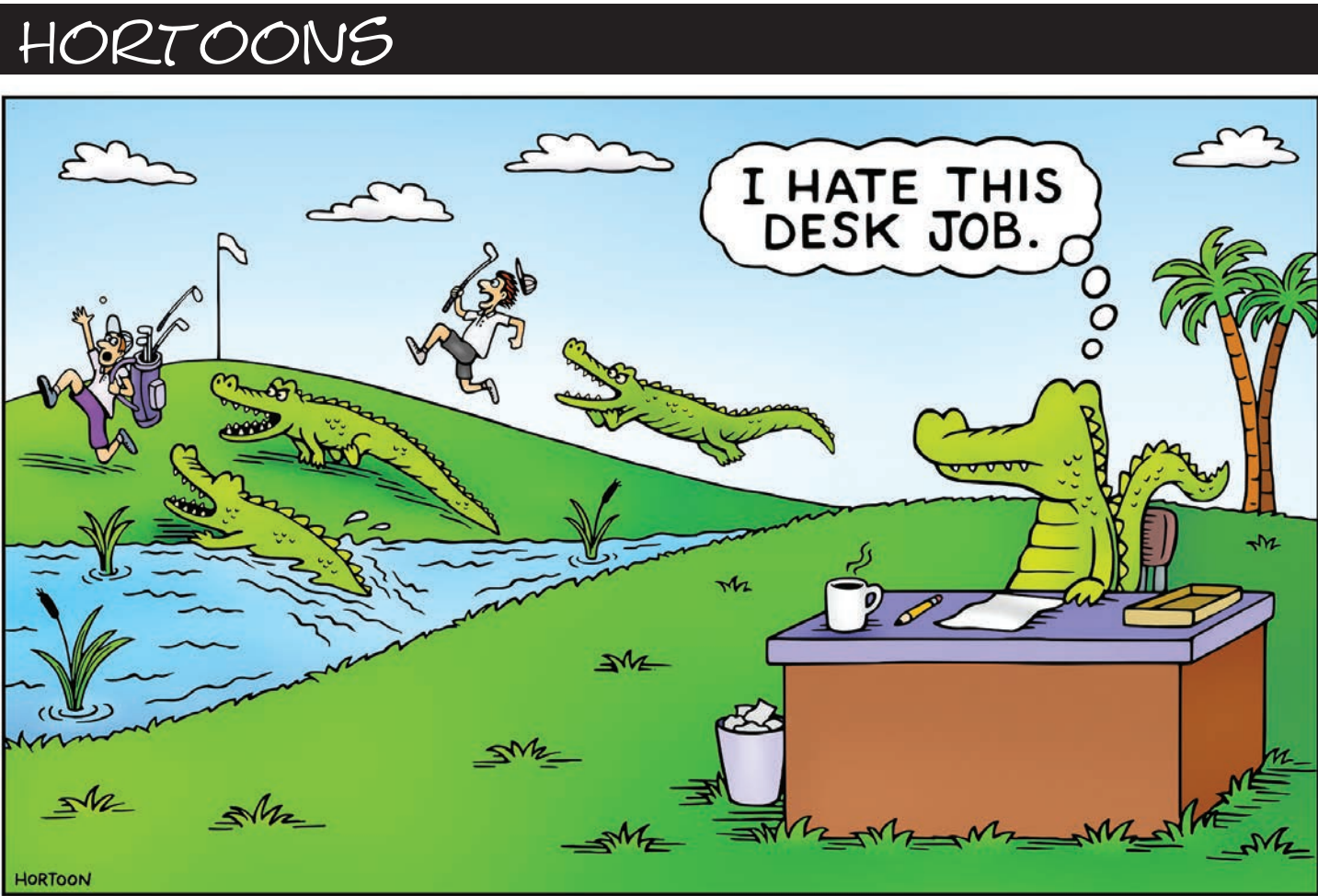
TRIVIA ANSWERS

1. Baffin Island. 2. Sid. 3. Someone who designs or enjoys solving crossword puzzles. 4. Archie Bunker, All in the Family. 5. The tax receipts were used to buy off Viking invaders and provide for defense. 6. The Beatles. 7. Theodore Roosevelt. It was invented in his honor after he refused to kill a bear on a hunting trip. 8. About 1 inch. 9. Henry David Thoreau. 10. Sprite.

SCRAMBLERS ANSWER

1. Single 2. Liken
3. Search; 4. Forest

Today's Word
FINAL



PUZZLE ANSWERS

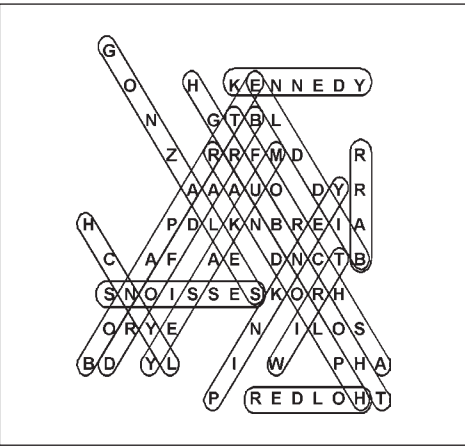
SUPER CROSSWORD

ITCHED	UTAH	ADO	PIZZA
MOHAVE	ROMO	LEV	EMAIL
PAIDACH	EVYPR	ICE	CACTI
ITS	SKI	SINGING	ONKIA
SEES	GNU	ANDRAS	
HELPME	HONDA	SEAS	HISS
AER	TIEUP	COMICAL	
SPECTRA	TESLA	OKLAHOMA	
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CHER			
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JUNKY	ARD	DODGE	ENABLED
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KING CROSSWORD

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TIL	AGRA	ESSO
ITALIAN	CHEESE	
	ITT	TIP
FAKES	MOP	SAD
RAID	MAR	HALE
YAM	TUX	CYCLE
	SAG	BAD
SPANISH	HOMEL	ET
PILE	HERE	ANA
ASEA	OREL	VOL
MACK	TADS	ASK

MAGIC MAZE



SUDOKU

5	2	8	7	4	6	1	9	3
9	6	1	3	5	8	4	2	7
4	7	3	9	1	2	5	8	6
6	1	2	5	8	4	7	3	9
3	5	4	6	7	9	2	1	8
8	9	7	1	2	3	6	4	5
2	3	6	4	9	5	8	7	1
1	8	9	2	6	7	3	5	4
7	4	5	8	3	1	9	6	2

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cape Coral	Cape Coral	2020	6,354	\$5,800,000	\$5,300,000	373
Caloosa View	Fort Myers	2015	5,934	\$3,990,000	\$4,000,000	2
Fa Lanes Bayview	Captiva	2011	3,468	\$3,995,000	\$3,995,000	9
Admiral's Isle	Fort Myers	2002	3,971	\$2,440,000	\$2,100,000	34
Cape Coral	Cape Coral	1971	3,032	\$1,999,900	\$1,950,000	158
Longlake	Bonita Springs	1996	3,279	\$1,795,000	\$1,822,721	3
Renaissance	Fort Myers	2016	3,248	\$1,899,000	\$1,725,000	5
Vittoria	Fort Myers	2012	3,355	\$1,599,000	\$1,599,000	2
Palmetto Point	Fort Myers	1985	3,962	\$1,600,000	\$1,500,000	28
East Rocks	Sanibel	1977	1,669	\$1,549,000	\$1,480,000	4



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